

Cremona,
10 Marzo 2017

Chirurgia e procedure invasive nel paziente in terapia anticoagulante

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Conflitti di Interesse

Lecture

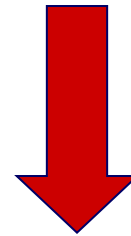
Protocolli di Ricerca

Advisory Boards

- Bayer
- BMS/Pfizer
- Boeringher
- Daichii
- Sanofi
- Alfa Wasserman



Pazienti in TAO:
1.000.000-1200000



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Procedura-Intervento/anno

Bridging therapy

Fase
Pre-operatoria



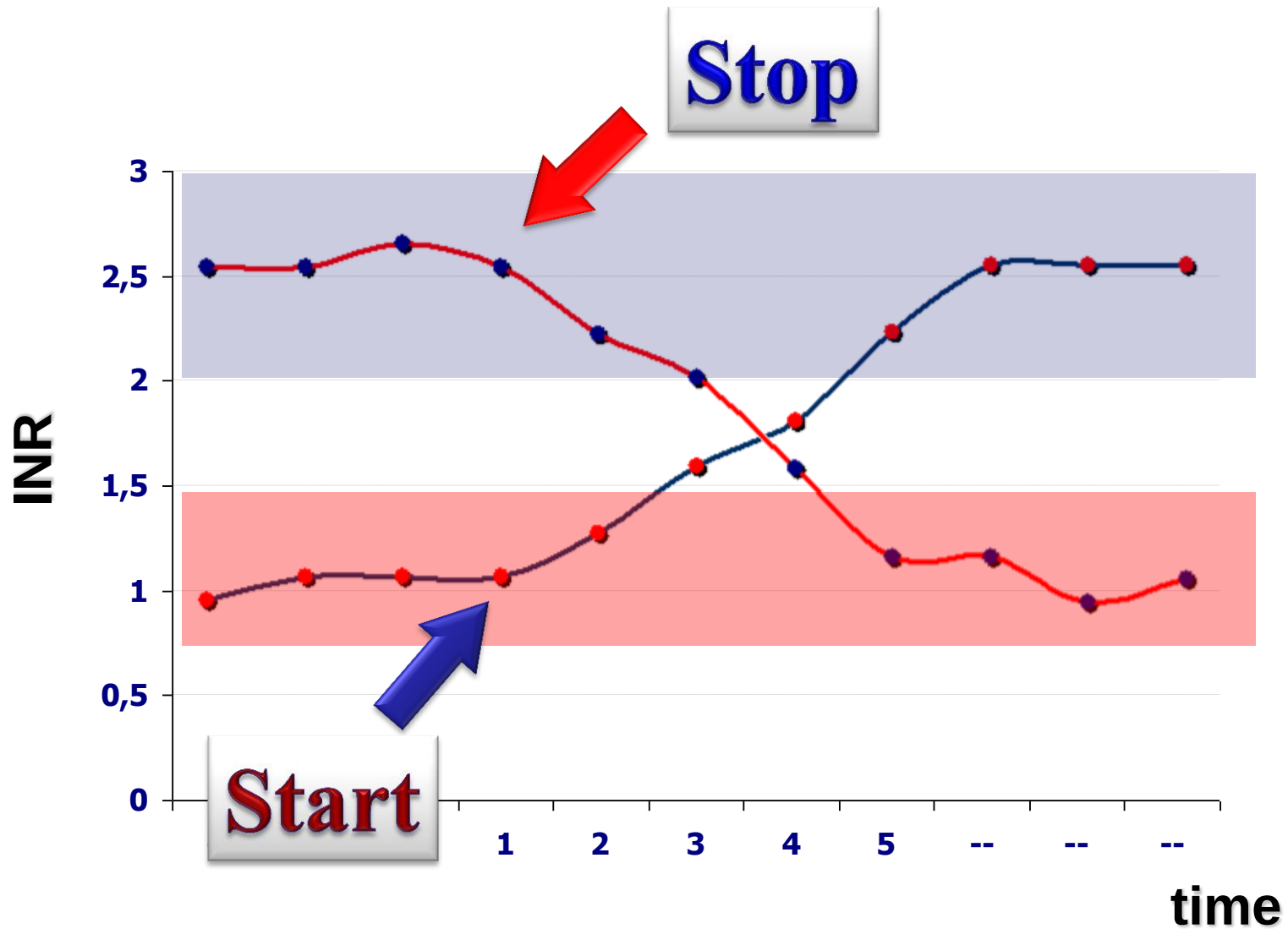
Fase
Post-operatoria

- Procedura invasiva
- Intervento Chirurgico

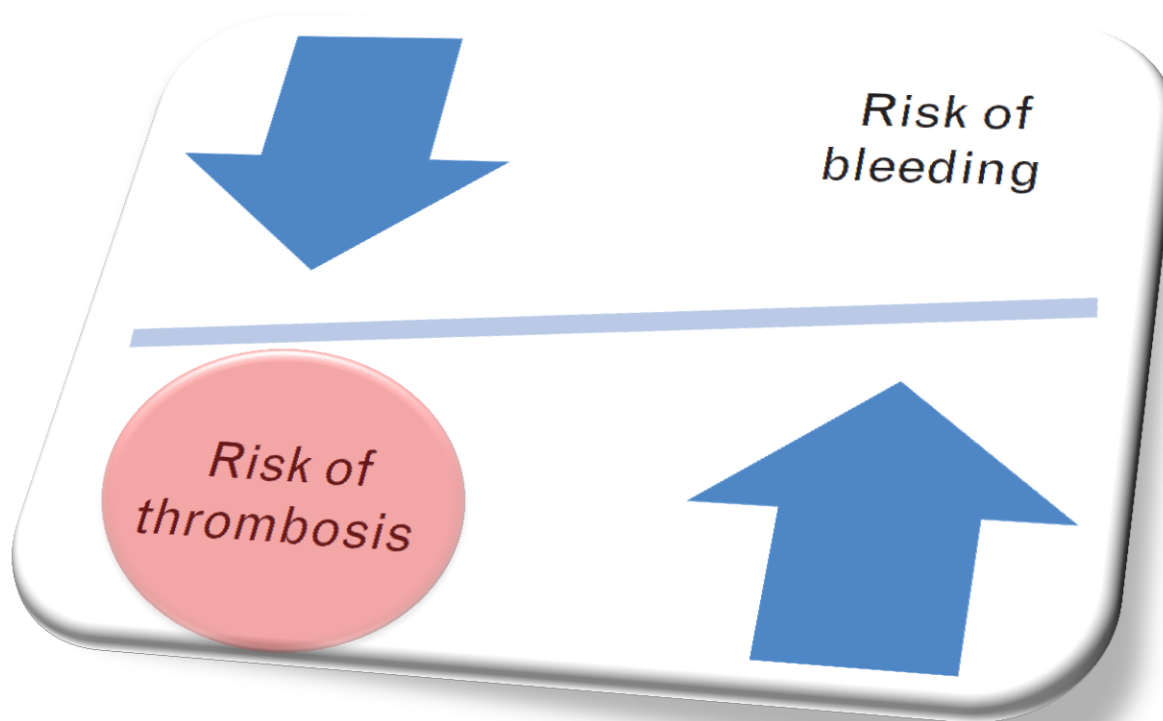
Bridging, la mia posizione attuale...



Warfarin therapy



'New' direct oral anticoagulants in the perioperative setting



Perioperative Management of Warfarin Therapy: To Bridge or Not to Bridge, That Is the Question

Although interruption of warfarin is thought to expose patients to a low risk of arterial thromboembolism, such events can have devastating consequences: valve thrombosis is associated with a 15% mortality rate, and an embolic stroke is associated with a 70% rate of major neurologic deficit or death.³⁻⁵

Perioperative management of warfarin and antiplatelet therapy

Major events in perioperative management

Study	Patients (N)	Follow-up (mo)	Reason for anticoagulation	Thromboembolism (%)	Major bleeding (%)
Douketis et al, 2004 ⁹	650	0.5	AF, MHV	0.6%	1.0%
Kovacs et al, 2004 ¹⁰	224	3	AF, MHV	1.3%	6.9%
Dunn et al, 2007 ¹¹	260	1	AF, DVT	2.3%	3.5%
Spyropoulos et al, 2006 ¹²	901	1	AF, MHV, VTE	1.5%	3.3%
Turpie and Douketis, 2004 ¹³	220	3	MHV	0.5%	3.5%
Jaffer et al, 2005 ¹⁴	493	1	VTE, CVA, AF, MHV	0.8%	3.2%
				1.0 %	3.5 %

Perioperative management of warfarin and antiplatelet therapy

Risk category

High

(>10%/yr risk of ATE
or >10%/mo risk of VTE)

Moderate

(4%–10%/yr risk of ATE
or 4%–10%/mo risk of VTE)

Low

(<4%/yr risk of ATE
or <2%/mo risk of VTE)

Mechanical heart valve

Any mechanical mitral valve
Older aortic valve
Recent (< 6 mo) stroke or TIA

Bileaflet aortic valve and
one of the following:
atrial fibrillation, prior stroke/TIA,
hypertension, diabetes, heart failure,
age > 75 yr

Bileaflet aortic valve without
atrial fibrillation and no other
risk factors for stroke

Perioperative management of warfarin and antiplatelet therapy

Risk category

High

(>10%/yr risk of ATE
or >10%/mo risk of VTE)

Moderate

(4%–10%/yr risk of ATE
or 4%–10%/mo risk of VTE)

Low

(<4%/yr risk of ATE
or <2%/mo risk of VTE)

Atrial fibrillation

CHADS₂ score of 5 or 6
Recent (< 3 mo) stroke or TIA
Rheumatic valvular heart disease

CHADS₂ score of 3 or 4

CHADS₂ score of 0–2
(and no prior stroke or TIA)

Perioperative management of warfarin and antiplatelet therapy

Risk category

High

(>10%/yr risk of ATE
or >10%/mo risk of VTE)

Moderate

(4%–10%/yr risk of ATE
or 4%–10%/mo risk of VTE)

Low

(<4%/yr risk of ATE
or <2%/mo risk of VTE)

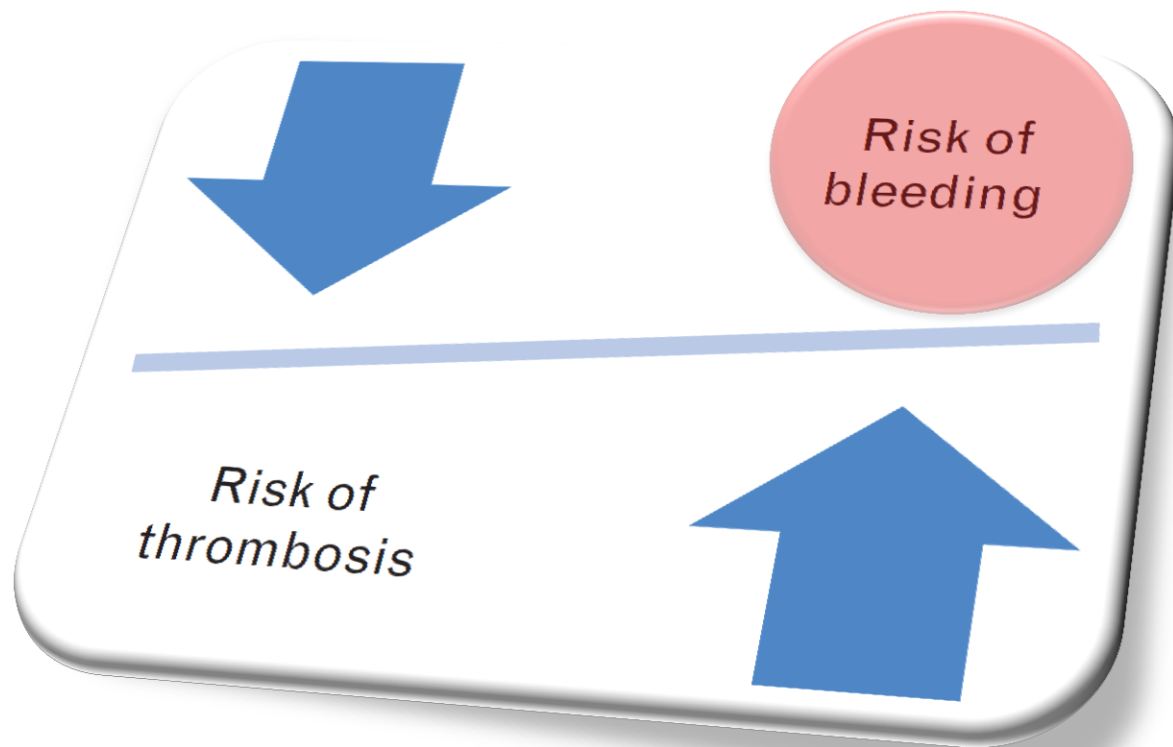
Venous thromboembolism

Recent (< 3 mo) VTE
Severe thrombophilia

VTE within past 3–12 mo
Recurrent VTE
Nonsevere thrombophilic conditions
Active cancer

Single VTE within past 12 mo
and no other risk factors

'New' direct oral anticoagulants in the perioperative setting



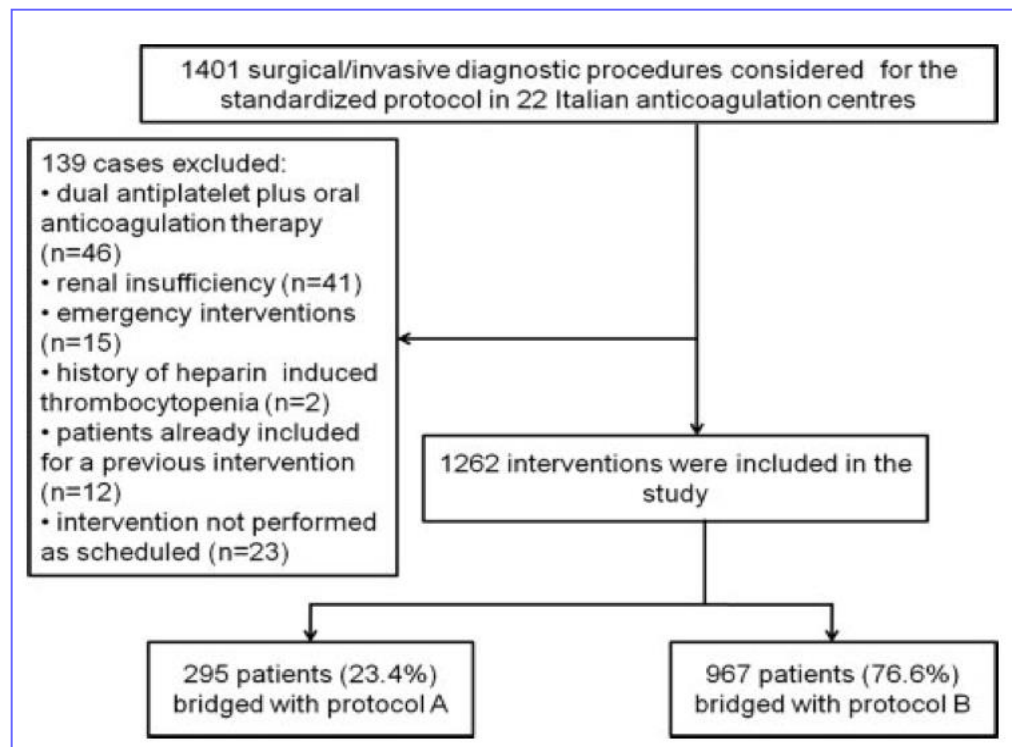
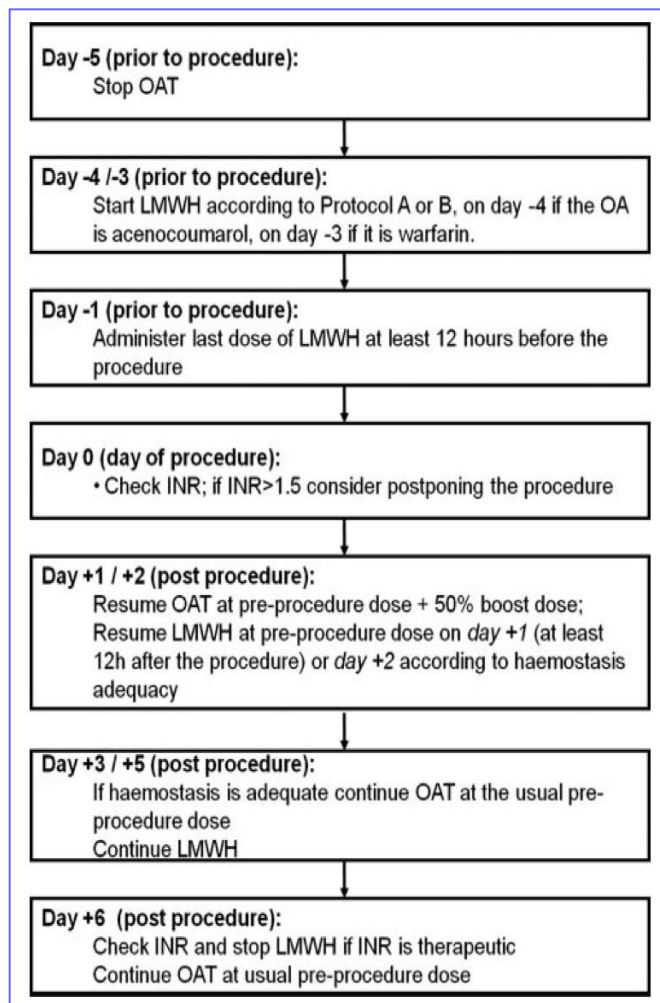
Intervento e rischio emorragico correlato

Interventi a basso rischio emorragico	Interventi a moderato rischio emorragico	Interventi ad elevato rischio emorragico
• Estrazioni dentali • Incisioni di ascessi • Cataratta/glaucoma • Endoscopie senza chirurgia • Chirurgia superficiale (dermatologica)	• Endoscopia con biopsia • Studio elettrofisiologico/ablazione • Angiografia • Impianto di pacemaker	• Interventi con anestesia spinale o epidurale • Chirurgia toracica • Chirurgia addominale • Chirurgia ortopedica maggiore • Biopsia del fegato/reni • Resezione della prostata

Standardized Low–Molecular-Weight Heparin Bridging Regimen in Outpatients on Oral Anticoagulants Undergoing Invasive Procedure or Surgery

An Inception Cohort Management Study

V. Pengo, MD; U. Cucchini, MD; G. Denas, MD; N. Erba, MD; G. Guazzaloca, MD; L. La Rosa, MD; V. De Micheli, MD; S. Testa, MD; R. Frontoni, MD; D. Prisco, MD; G. Nante, MD; S. Illiceto, MD; for the Italian Federation of Centers for the Diagnosis of Thrombosis and Management of Antithrombotic Therapies (FCSA)



Weight, kg	Protocol A: Patients at High TE Risk, IU		Protocol B: Patients at Low to Intermediate TE Risk, IU	
	Nadroparin* (Twice Daily, SC)	Enoxaparin* (Twice Daily, SC)	Nadroparin* (Once Daily, SC)	Enoxaparin† (Once Daily, SC)
<50	2850	2000	2850	4000
50–69	3800	4000	3800	4000
70–89	5700	6000	5700	4000
90–110	7600	8000	5700	4000
>110	9500	10 000	5700	4000

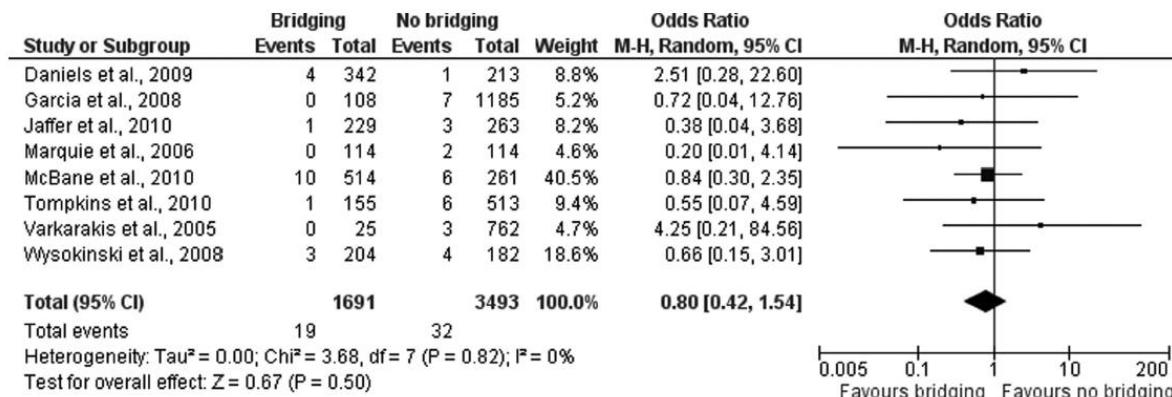
TE indicates thromboembolic.
 *Dosages (units of anti-factor Xa) varying according to body weight.
 †Prophylactic dosage that is independent of body weight.

Periprocedural Heparin Bridging in Patients Receiving Vitamin K Antagonists

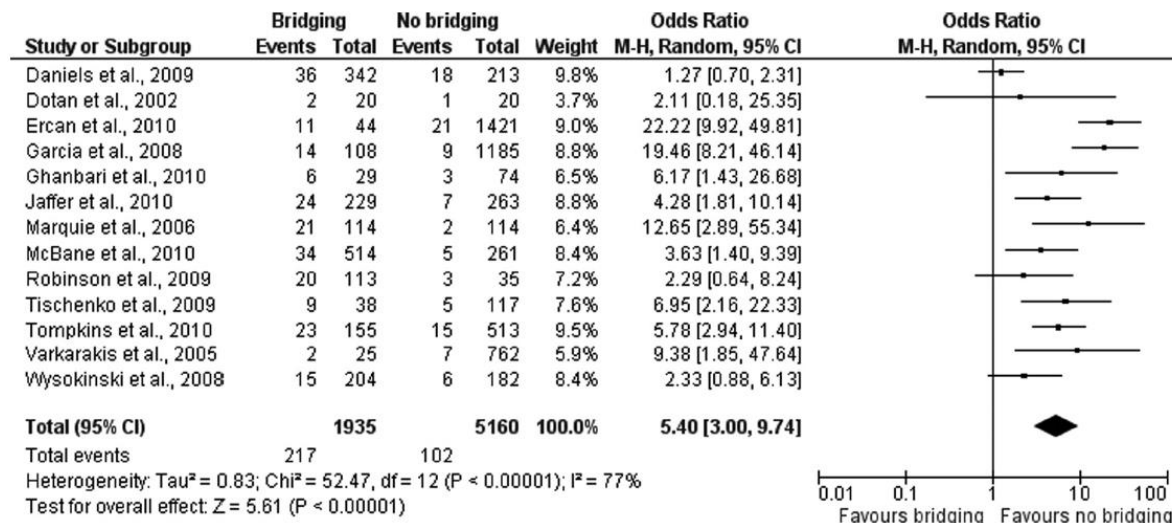
Systematic Review and Meta-Analysis of Bleeding and Thromboembolic Rates



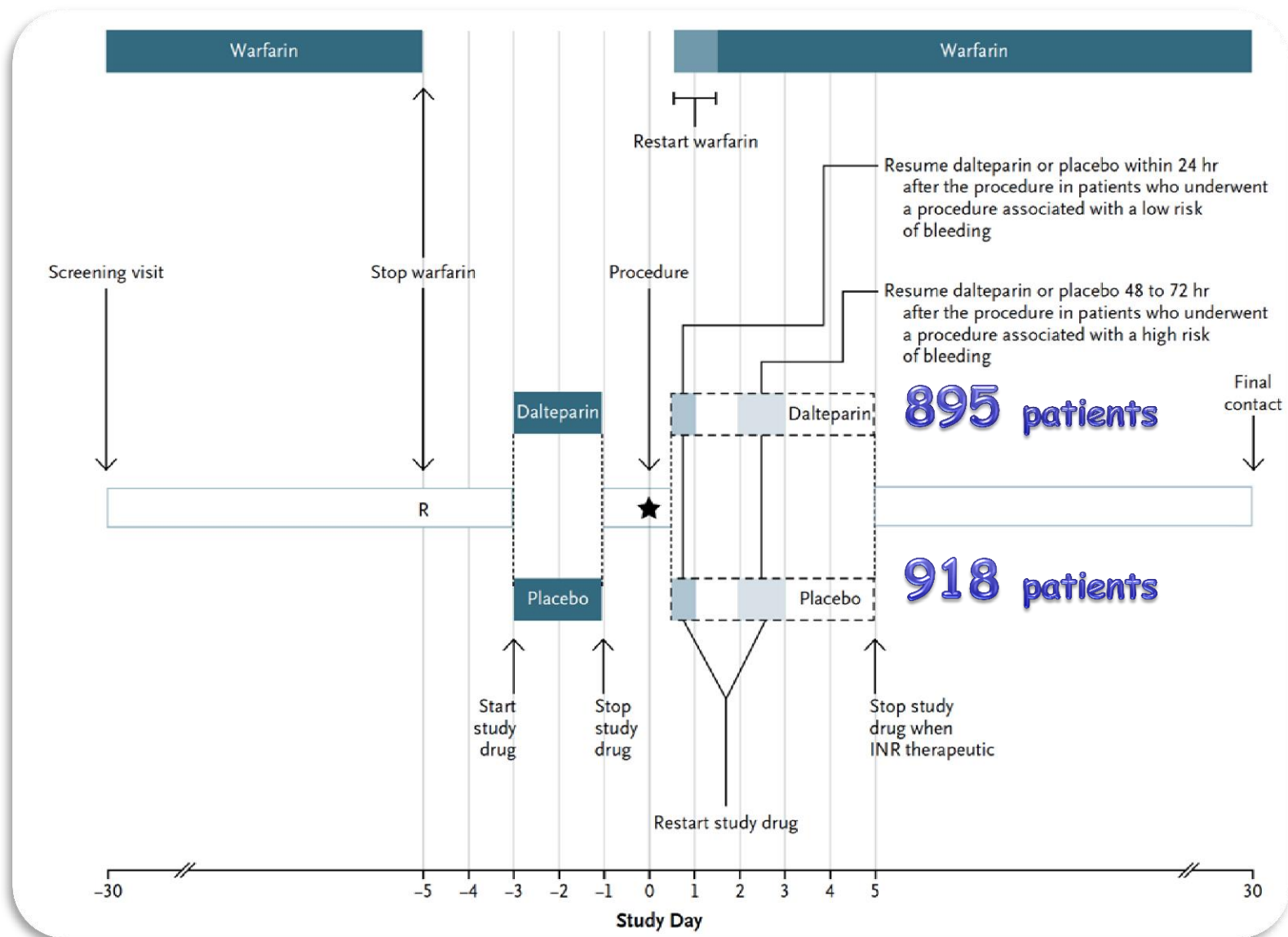
Thromboembolic events



Overall bleeding events



Perioperative Bridging Anticoagulation in Patients with Atrial Fibrillation



Perioperative Bridging Anticoagulation in Patients with Atrial Fibrillation

Outcome	No Bridging (N = 918)	Bridging (N = 895)	P Value
	<i>number of patients (percent)</i>		

Primary

Arterial thromboembolism	4 (0.4)	3 (0.3)	0.01*, 0.73†
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Patients in whom arterial thromboembolism occurred had a mean CHADS2 score of 2.6 (range, 1 to 4)

Five of the seven events occurred after a minor procedure.

Secondary

Death	5 (0.5)	4 (0.4)	0.88†
Myocardial infarction	7 (0.8)	14 (1.6)	0.10†
Deep-vein thrombosis	0	1 (0.1)	0.25†
Pulmonary embolism	0	1 (0.1)	0.25†
Minor bleeding	110 (12.0)	187 (20.9)	<0.001†

Perioperative Bridging Anticoagulation in Patients with Atrial Fibrillation



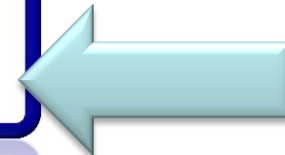
Outcome	No Bridging (N=918)	Bridging (N=895)	P Value
<i>number of patients (percent)</i>			

Primary

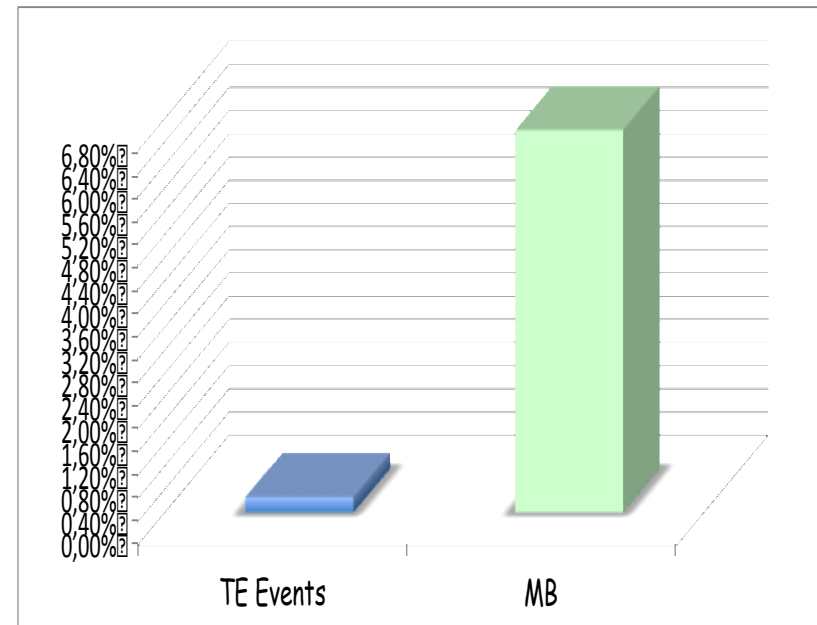
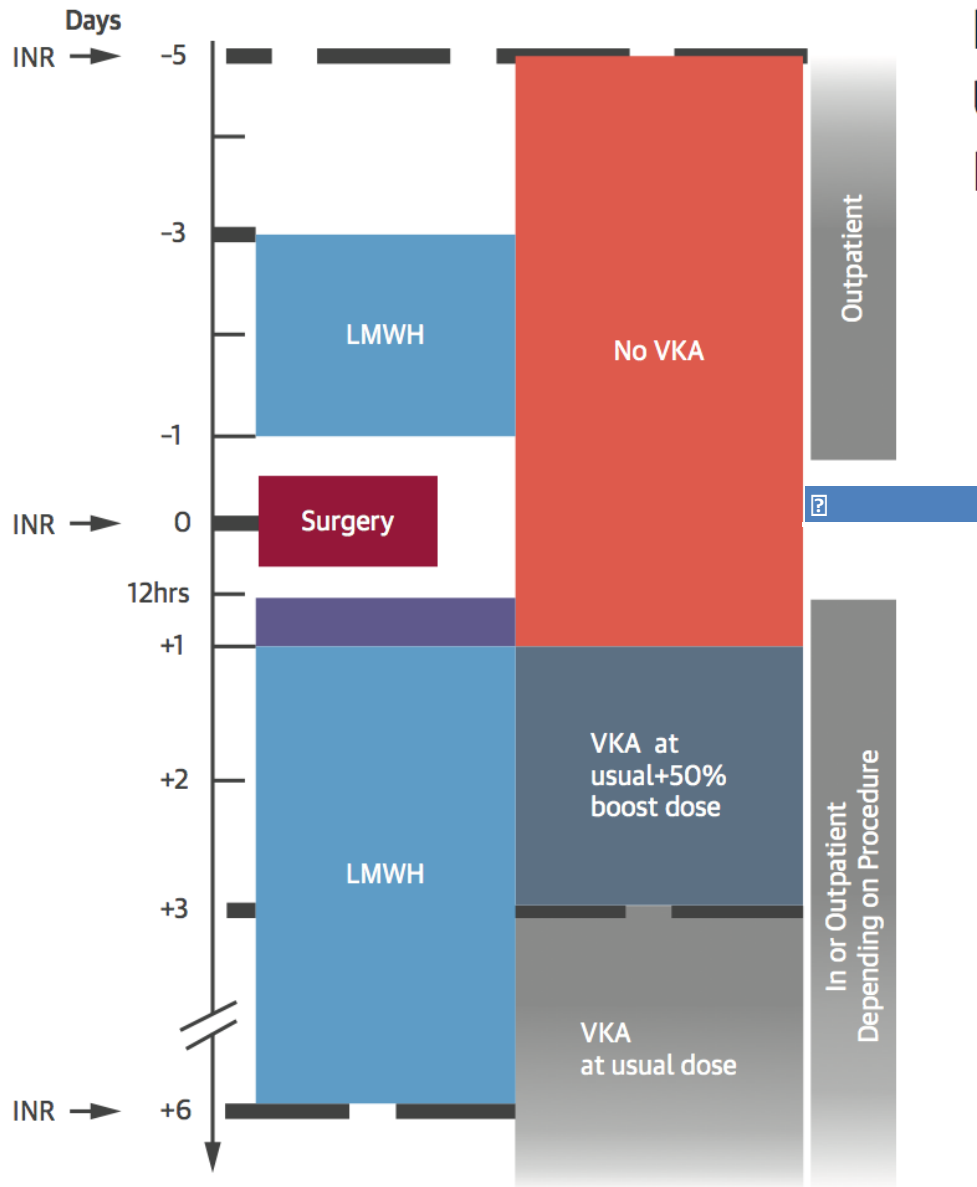
Arterial thromboembolism	4 (0.4)	3 (0.3)	0.01*, 0.73†
Stroke	2 (0.2)	3 (0.3)	
Transient ischemic attack	2 (0.2)	0	
Systemic embolism	0	0	
Major bleeding	12 (1.3)	29 (3.2)	0.005†

Secondary

Death	5 (0.5)	4 (0.4)	0.88†
Myocardial infarction	7 (0.8)	14 (1.6)	0.10†
Deep-vein thrombosis	0	1 (0.1)	0.25†
Pulmonary embolism	0	1 (0.1)	0.25†
Minor bleeding	110 (12.0)	187 (20.9)	<0.001†



A Bridging Protocol in High-Thrombotic Risk Mechanical Valve Bearers Undergoing Surgery or Invasive Procedures



DOACs

	Dabigatran	Apixaban	Edoxaban	Rivaroxaban
Bioavailability	3 to 7%	50%	62% ⁵¹	66% without food. Almost 100% with food
Prodrug	Yes	No	No	No
Clearance non-renal/renal of absorbed dose (if normal renal function; see also 'Patients with chronic kidney disease' section) ^a	20%/80%	73%/27% ⁵²⁻⁵⁵	50%/50% ^{36,51,56}	65%/35%
Liver metabolism: CYP3A4 involved	No	Yes (elimination, moderate contribution) ⁵⁷	Minimal (<4% of elimination)	Yes (elimination, moderate contribution)
Absorption with food	No effect	No effect	6-22% more; minimal effect on exposure ⁵⁸	+39% more ⁵⁹
Intake with food recommended?	No	No	No	Mandatory
Absorption with H2B/PPI	- 12 to 30% (not clinically relevant) ⁶⁰⁻⁶²	No effect ⁶³	No effect	No effect ^{59,64}
Asian ethnicity	+25% ⁶²	No effect	No effect ⁵⁸	No effect
GI tolerability	Dyspepsia 5 to 10%	No problem	No problem	No problem
Elimination half-life	12 to 17 h ⁶¹	12 h	10-14 h ^{51,65}	5-9 h (young) 11-13 h (elderly)

European Heart Rhythm Association Practical Guide on the use of new oral anticoagulants in patients with non-valvular atrial fibrillation

	Dabigatran		Apixaban–edoxaban–rivaroxaban	
	No important bleeding risk and/or adequate local haemostasis possible: perform at trough level (i.e. ≥12 or 24 h after last intake)			
	Low risk	High risk	Low risk	High risk
CrCl ≥ 80 mL/min	≥24 h	≥48 h	≥24 h	≥48 h
CrCl 50–80 mL/min	≥36 h	≥72 h	≥24 h	≥48 h
CrCl 30–50 mL/min ^a	≥48 h	≥96 h	≥24 h	≥48 h
CrCl 15–30 mL/min ^a	Not indicated	Not indicated	≥36 h	≥48 h
CrCl < 15 mL/min	No official indication for use			
There is no need for bridging with LMWH/UFH				

Bold values deviate from the common stopping rule of ≥ 24 h low risk, ≥ 48 h high risk.

Low risk: with a low frequency of bleeding and/or minor impact of a bleeding; high risk with a high frequency of bleeding and/or important clinical impact. See also [Table 11](#). CrCl, creatinine clearance.

^aMany of these patients may be on the lower dose of dabigatran (i.e. 110 mg BID) or apixaban (i.e. 2.5 mg BID), or have to be on the lower dose of rivaroxaban (i.e. 15 mg OD) or edoxaban (i.e. 30 mg OD).

Peri-interventional management of novel oral anticoagulants in daily care: results from the prospective Dresden NOAC registry



European Heart Journal (2014) **35**, 1888–1896
doi:10.1093/eurheartj/ehu557

CLINICAL RESEARCH

Thrombosis and antithrombotic therapy

Peri-interventional management of novel oral anticoagulants in daily care: results from the prospective Dresden NOAC registry

Jan Beyer-Westendorf^{1*}, Vera Gelbricht¹, Kati Förster¹, Franziska Ebertz¹, Christina Köhler¹, Sebastian Werth¹, Eberhard Kuhlisch², Thoralf Stange², Christoph Thieme¹, Katharina Daschkow¹, and Norbert Weiss¹

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Peri-interventional management of novel oral anticoagulants in daily care: results from the prospective Dresden NOAC registry

Outcome at Day 30 $\pm$ 5 after procedure	Type of procedures	Procedures without heparin bridging (N = 606)	Procedures with heparin bridging (N = 257)	P-value no bridging vs. bridging
Major cardiovascular events, n (%; 95% CI)	Minimal	0 (0.0%; 0.0–0.6)	0 (0.0%; 0.0–1.4)	>0.999
	Minor	4 (0.7%; 0.2–1.7)	1 (0.4%; 0.0–2.1)	0.830
	Major	1 (0.2%; 0.0–0.9)	3 (1.2%; 0.2–3.4)	0.082
	All	5 (0.8%; 0.3–1.9)	4 (1.6%; 0.4–3.9)	0.265
Major bleeding, n (%; 95% CI)	Minimal	0 (0.0%; 0.0–0.6)	0 (0.0%; 0.0–1.4)	>0.999
	Minor	2 (0.3%; 0.0–1.2)	1 (0.4%; 0.0–2.1)	0.54
	Major	1 (0.2%; 0.0–0.9)	6 (2.3%; 0.9–5.0)	0.004
	All	3 (0.5%; 0.1–1.4)	7 (2.7%; 1.1–5.5)	0.010

Risk factors for cardiovascular events

Table 5 Uni- and multivariate analyses of potential risk factors for cardiovascular events

Risk factor	Univariate analysis			Multivariate analysis		
	OR	95% CI	P-value	OR	95% CI	P-value
Dabigatran vs. rivaroxaban	7.4	0.7–82.2	0.101	–	–	–
Arterial hypertension	n.a.	0–∞	0.996	–	–	–
Diabetes	14.9	1.9–119.9	0.011	13.2	1.6–107.3	0.016
TIA/stroke in history	1.8	0.4–8.8	0.467	–	–	–
Coronary artery disease	2.0	0.5–8.0	0.337	–	–	–
Impaired renal function (GFR < 50 mL/min)	n.a.	0–∞	0.996	–	–	–
Major vs. non-major procedure	7.4	2.0–28.2	0.003	7.3	1.9–28.5	0.004
Age > 65 years vs. < 65 years	1.7	0.2–13.7	0.616	–	–	–
Pre-procedural NOAC interruption > 24 h vs. < 24 h	0.6	0.2–2.7	0.545	–	–	–
Heparin bridging vs. no bridging	1.9	0.5–7.1	0.341	–	–	–

Risk factors for major bleeding events

Table 6 Uni- and multivariate analyses of potential risk factors for major bleeding events

Risk factor	Univariate analysis			Multivariate analysis		
	OR	95% CI	P-value	OR	95% CI	P-value
Arterial hypertension	n.a.	0–∞	0.996	—	—	—
Diabetes	1.2	0.3–4.3	0.763	—	—	—
TIA/stroke in history	0.7	0.1–5.5	0.728	—	—	—
Coronary artery disease	2.7	0.7–9.5	0.133	—	—	—
Impaired renal function (GFR < 50 mL/min)	0.67	0.1–5.2	0.687	—	—	—
Major vs. non-major procedure	22.5	5.7–88.9	<0.001	16.8	3.8–78.9	<0.001
Age > 65 years vs. < 65 years	0.8	0.2–4.0	0.847	—	—	—
Pre-procedural NOAC interruption > 24 h vs. < 24 h	n.a.	0–∞	0.955	—	—	—
Heparin bridging vs. no bridging	5.6	1.4–21.9	0.013	5.0	1.2–20.4	0.023
HAS-BLED ≥ 3 vs. < 3	1.5	0.4–5.7	0.589	—	—	—

Perioperative bridging anticoagulation during dabigatran or warfarin interruption among patients who had an elective surgery or procedure

Substudy of the RE-LY trial

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Perioperative management	Warfarin-treated (n = 391)		Dabigatran-treated (n = 418)	
	Pre-operative	Post-operative	Pre-operative	Post-operative
Stopping oral anticoagulant: n (%)				
<1 day before surgery/procedure	12 (3.1)	n/a	43 (10.3)	n/a
<2 days before surgery/procedure	15 (3.8)		100 (23.9)	
2–5 days before surgery/procedure	164 (41.9)		167 (40.0)	
>5 days before surgery/procedure	191 (48.8)		98 (23.4)	
-timing data missing	9 (2.3)		10 (2.4)	
Resuming oral anticoagulant: n (%)	n/a		n/a	
<1 day after surgery/procedure		86 (23.5)		87 (23.8)
<2 days after surgery/procedure		78 (21.3)		54 (14.8)
2–5 days after surgery/procedure		90 (24.5)		80 (21.9)
>5 days after surgery/procedure		97 (26.4)		133 (36.3)
-timing data missing		16 (4.4)		12 (3.3)
LMWH bridging regimen: n (%)				
-any LMWH:	246	266	200	265
- once-daily SC	151 (61.4)	159 (59.8)	124 (62.0)	174 (65.7)
- twice-daily SC	92 (37.5)	103 (38.7)	71 (35.5)	82 (30.9)
- dose regimen data missing	3 (1.2)	4 (1.5)	5 (2.5)	9 (3.4)
-timing of 1 st post-operative dose:	n/a	80 (30.1)	n/a	92 (34.7)
- day 0		93 (35.0)		81 (30.6)
- day +1		36 (13.6)		21 (7.9)
- day +2 or later		57 (21.4)		71 (26.8)
- timing data missing				
UFH bridging regimen: n (%)				
-any UFH:	58	65	61	70
- intravenous	35 (60.3)	33 (50.8)	40 (65.6)	37 (52.9)
- SC	23 (39.7)	31 (47.7)	21 (34.4)	33 (47.1)
- dose regimen data missing	0	1 (1.5)	0	0

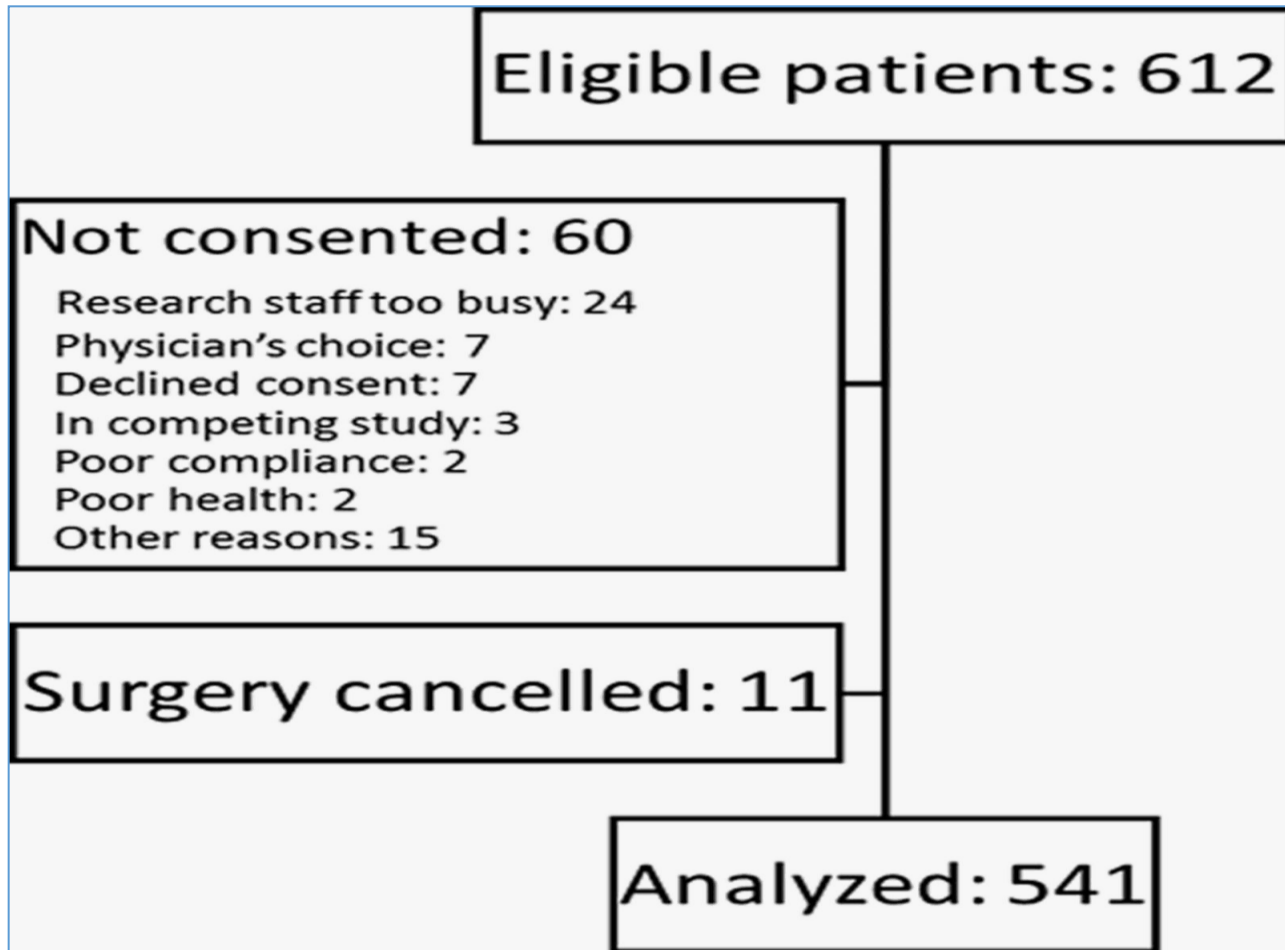
SC, subcutaneous; LMWH, low-molecular-weight heparin; UFH, unfractionated heparin.

Clinical outcome	Bridging status	Warfarin group (n = 1,415)		Dabigatran group (2,691)	
		% (N) patients with events / (N) patients assessed	OR (95 % CI): bridged vs not bridged‡	% (N) patients with events / (N) patients assessed	OR (95 % CI): bridged vs not bridged‡
Major bleeding	Bridged	6.8 (26/383)	4.62 (2.45–8.72) P < 0.001	6.5 (27/417) 1.8 (42/2,274)	3.68 (2.24–6.04), P < 0.001
	Not bridged	1.6 (16/1,032)			
	Treatment interaction (warfarin vs. dabigatran) ¶	p = 0.577			
Stroke and systemic embolism	Bridged	0.5 (2/383)	2.70 (0.38–19.3), P = 0.321	0.5 (2/417) 0.3 (6/2,274)	1.82 (0.37–9.06), P = 0.463
	Not bridged	0.2 (2/1,032)			
	Treatment interaction (warfarin vs. dabigatran) ¶	p = 0.760			
Any thrombo-embolism	Bridged	1.8 (7/383)	6.39 (1.64–24.8), P = 0.007	1.2 (13/417) 0.6 (5/2,274)	2.11 (0.75–5.95), P = 0.158
	Not bridged	0.3 (3/1,032)			
	Treatment interaction (warfarin vs. dabigatran) ¶	p = 0.204			
†27 patients (9 bridged, 18 not bridged) excluded from total sample (described in Table 1) due to missing creatinine clearance values to enable better comparison of univariate and multivariable logistic regression models; ‡odds ratios obtained from univariate logistic analysis within treatment groups; ¶p-value of interaction from logistic model with treatment, bridging and treatment by bridging interaction; OR, odds ratio; CI, confidence interval. ¶Inclusion of 27 patients with missing creatinine clearance values did not significantly affect clinical outcome results in bridged and not bridged patients.					

Perioperative Management of Dabigatran

A Prospective Cohort Study

Sam Schulman, MD, PhD; Marc Carrier, MD, MSc; Agnes Y.Y. Lee, MD, MSc;
Sudeep Shivakumar, MD; Mark Blostein, MD; Frederick A. Spencer, MD;
Susan Solymoss, MD, BSc; Rebecca Barty, MLT, BA, MSc; Grace Wang, MMath;
Nancy Heddle, MSc; James D. Douketis, MD; on behalf of the Periop Dabigatran Study Group*



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Renal Function, CL _{CR} , mL/min	Estimated Half-Life, h*	Timing of Last Dose of Dabigatran Before Surgery	
		Standard Risk of Bleeding	High Risk of Bleeding†
>80	13 (11–22)	24 h=morning of day –1	2 d=morning of day –2
>50 to ≤80	15 (12–34)	24 h=morning of day –1	2 d=morning of day –2
>30 to ≤50	18 (13–23)	2 d=morning of day –2	4 d=morning of day –4
≤30‡	27 (22–35)	4 d=morning of day –4	6 d=morning of day –6

CL_{CR} indicates calculated creatinine clearance.

*Data from renal impairment study in healthy volunteers,¹⁰ geometric mean (range).

†Types of surgery associated with a high risk of bleeding (or in major surgery in which complete hemostasis may be required) include but are not limited to cardiac surgery, neurosurgery, abdominal surgery, or surgeries involving a major organ. Other procedures such as spinal anesthesia may also require complete hemostatic function. Other important determinants of bleeding risk include advancing age, comorbidities (eg, major cardiac, respiratory, or liver disease), and concomitant use of antiplatelet therapy. See the online-only Data

Type of surgery/procedure	Time of dabigatran resumption	Dabigatran dose
<i>High risk for bleeding that may be critical</i>		
Major cardiac surgery	evening of POD+1	75 mg first 2 doses
Neurosurgery	no bleed on repeat CT	75 mg first 2 doses
<i>High risk for bleeding</i>		
Large hernia repair	48 hrs or when hemostasis is secured	75 mg first dose
Major cancer surgery	72 hrs or when hemostasis is secured	usual dose
Major urologic surgery (prostate/bladder resection)	when no macroscopic hematuria	usual dose
Major vascular surgery	48 hrs	usual dose
Any other major operation with duration >45 minutes	48 hrs	usual dose
Endoscopic large polyp resection	72 hrs	usual dose
Esophageal variceal treatment, biliary sphincterectomy, pneumatic dilatation	48 hrs	usual dose
Endoscopically-guided fine-needle aspiration; kidney biopsy	48 hrs	usual dose
Pacemaker/ICD insertion*	72 hrs	usual dose
Major dental procedure (multiple extractions)	48 hrs	usual dose
<i>Standard risk for bleeding</i>		
Major orthopedic surgery (joint replacement or laminectomy) [†]	6-10 hrs	75 mg first dose
Coronary angiography /PCI/electrophysiologic testing	same evening	75 mg first dose
Indwelling catheter for neuraxial anesthesia [‡]	4 hrs after removal	75 mg first dose
Cholecystectomy, appendectomy	same evening	75 mg first dose
Abdominal hernia repair	same evening	75 mg first dose
Abdominal hysterectomy	same evening	75 mg first dose

Anticoagulation Resumption

Perioperative Management of Dabigatran

A Prospective Cohort Study

Sam Schulman, MD, PhD; Marc Carrier, MD, MSc; Agnes Y.Y. Lee, MD, MSc;
 Sudeep Shivakumar, MD; Mark Blostein, MD; Frederick A. Spencer, MD;
 Susan Solymoss, MD, BSc; Rebecca Barty, MLT, BA, MSc; Grace Wang, MMath;
 Nancy Heddle, MSc; James D. Douketis, MD; on behalf of the Periop Dabigatran Study Group*

CL _{CR} mL/min	n	Planned Stopping Time, h	Last Dose Before Procedure			First Dose After Procedure		
			As Planned, n (%)*	Earlier, n (%)	Later, n (%)	As Planned, n (%)	Earlier, n (%)	Later, n (%)
Procedures with standard risk of bleeding								
>50	274							32 (12)
>30–≤50	47							3 (6)
≤30	3							0
Procedures with high								
>50	177							35 (20)
>30–≤50	39							6 (15)
≤30	1	154	0	0	1 (100)	0	1 (100)	0
Overall	541		479 (89)	30 (6)	21 (4)	415 (77)	16 (3)	77 (14)

Preoperative bridging was not used at all, but 9 patients (1.7%) received postoperative LMWH or UFH

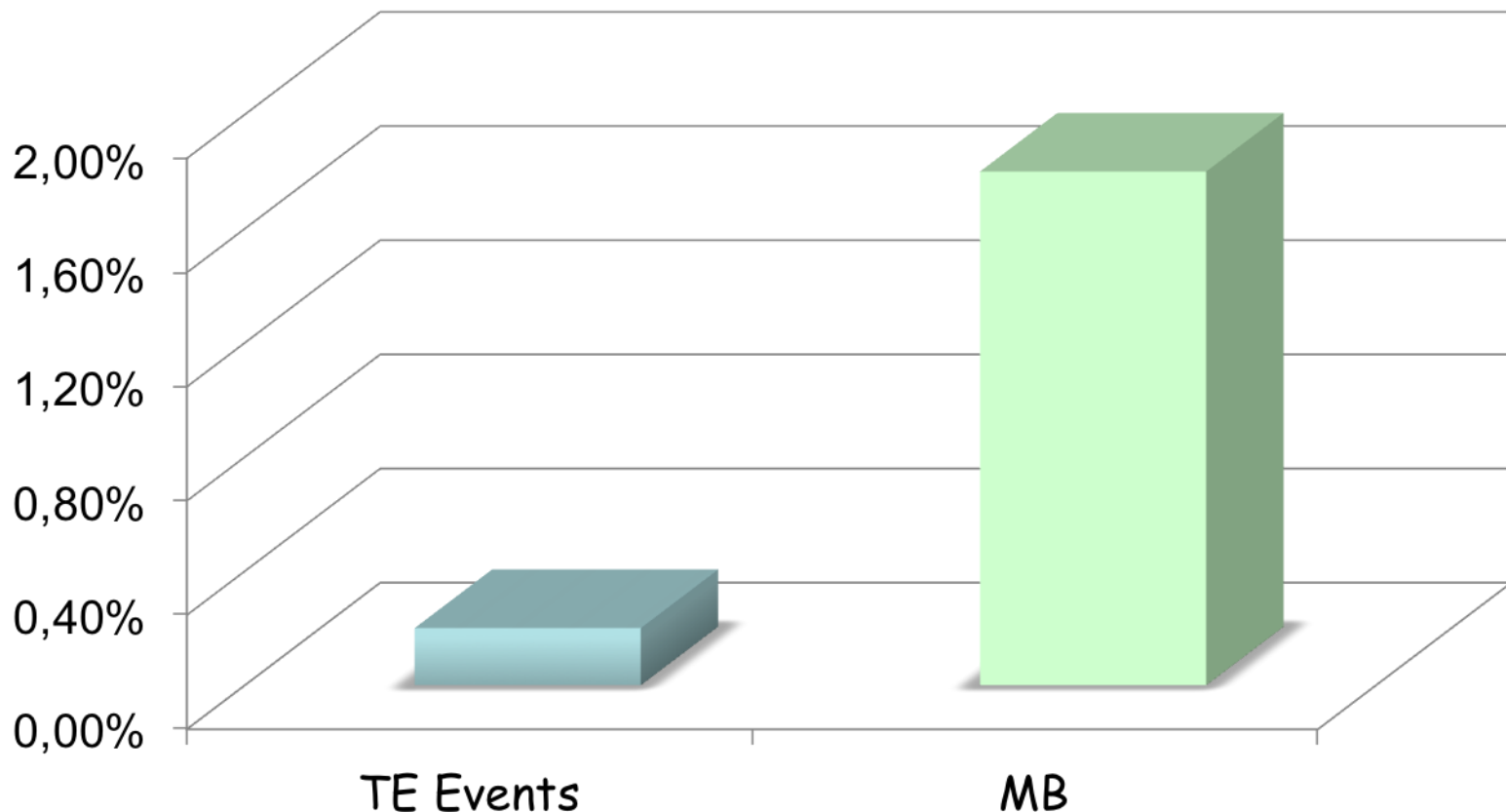
CL_{CR} indicates calculated creatinine clearance.

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Perioperative Management of Dabigatran

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High bleeding Risk, moderate-to high TE

ANTI-Xa	Last dose					resumption					
hours	- 120	- 96	- 72	- 48	- 24	0 Procedure/surgery	+ 24	+ 48	+ 72	+ 96	+ 120
CrCl ml/min											
≥80											
80-50											
50-30											
30-15											
VTE prophylaxis with LWWH											
In patients suffering from VTE events within the last 3 months, removable vena cava filter placement should be strongly considered.											



FORUM

To measure or not to measure direct oral anticoagulants before surgery or invasive procedures

A. TRIPODI

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To measure or not to measure direct oral anticoagulants before surgery or invasive procedures: comment

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Take home messages

- Bridging aumenta le complicanze emorragiche!
- Riduce le complicanze tromboemboliche?
- DOAC breve emivita
- Costi/scomodità per il paziente