



**Evidenze nel trattamento
delle patologie tromboemboliche e
delle patologie emorragiche**
Varese, 11 marzo 2016



Gestione del paziente con DIC

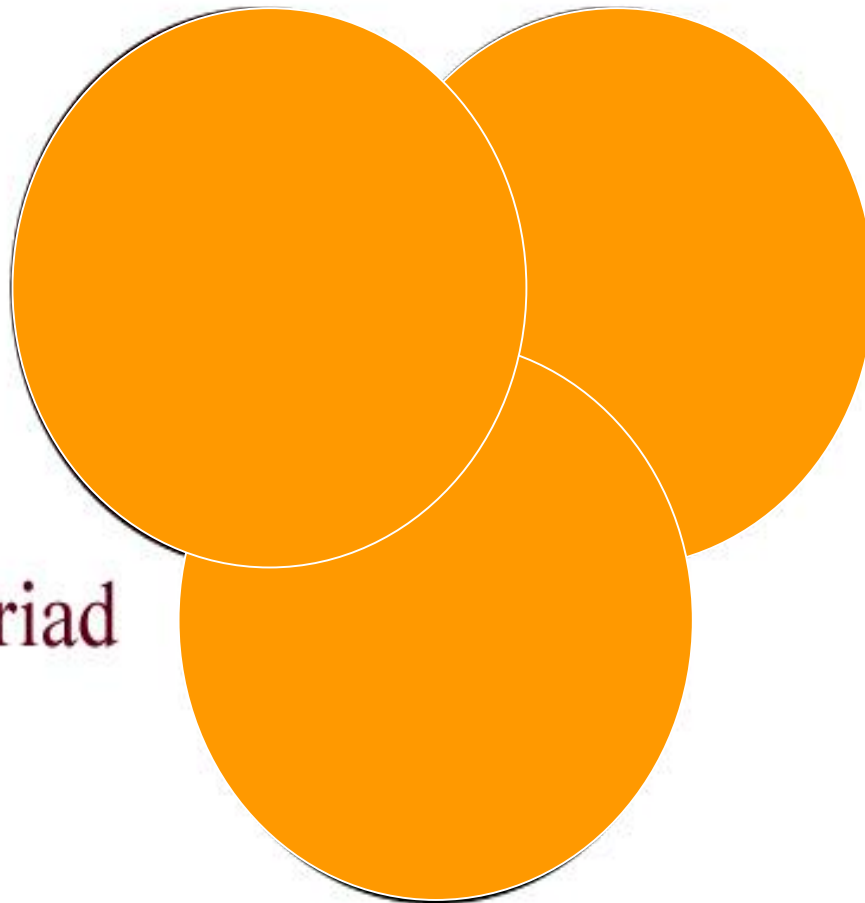
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Università dell'Insubria - Varese*

Ma che cosa è veramente la DIC?

The EBM Triad



Haynes RB, Devereaux PJ, Guyatt GH.
Clinical expertise in the era of evidence-based medicine and patient
choice. ACP Journal Club 2002; 136: A11-4

Agenda

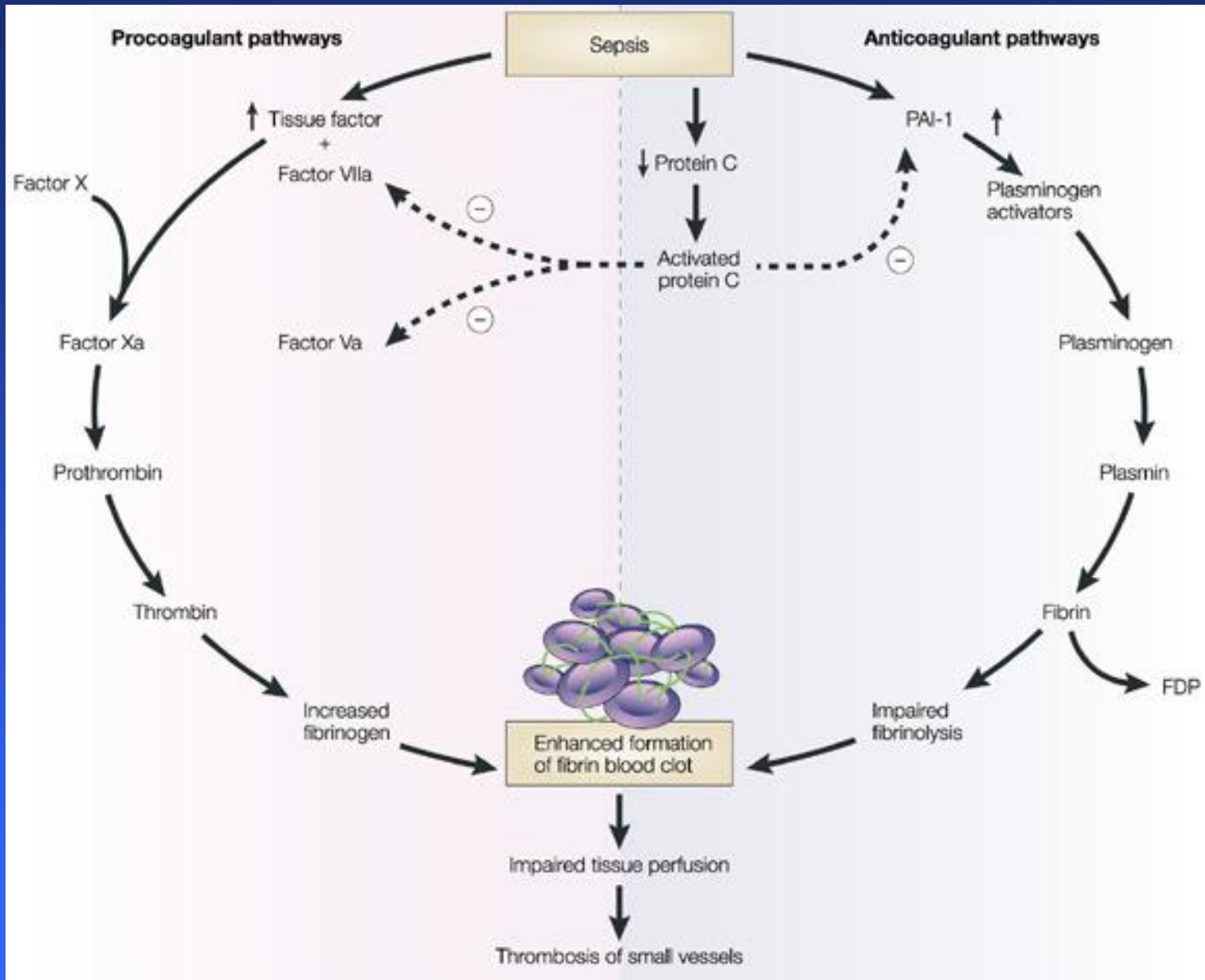
- **Fisiopatologia**
- **Manifestazioni cliniche**
- **Diagnosi**
- **Terapia (eziologica – di supporto)**

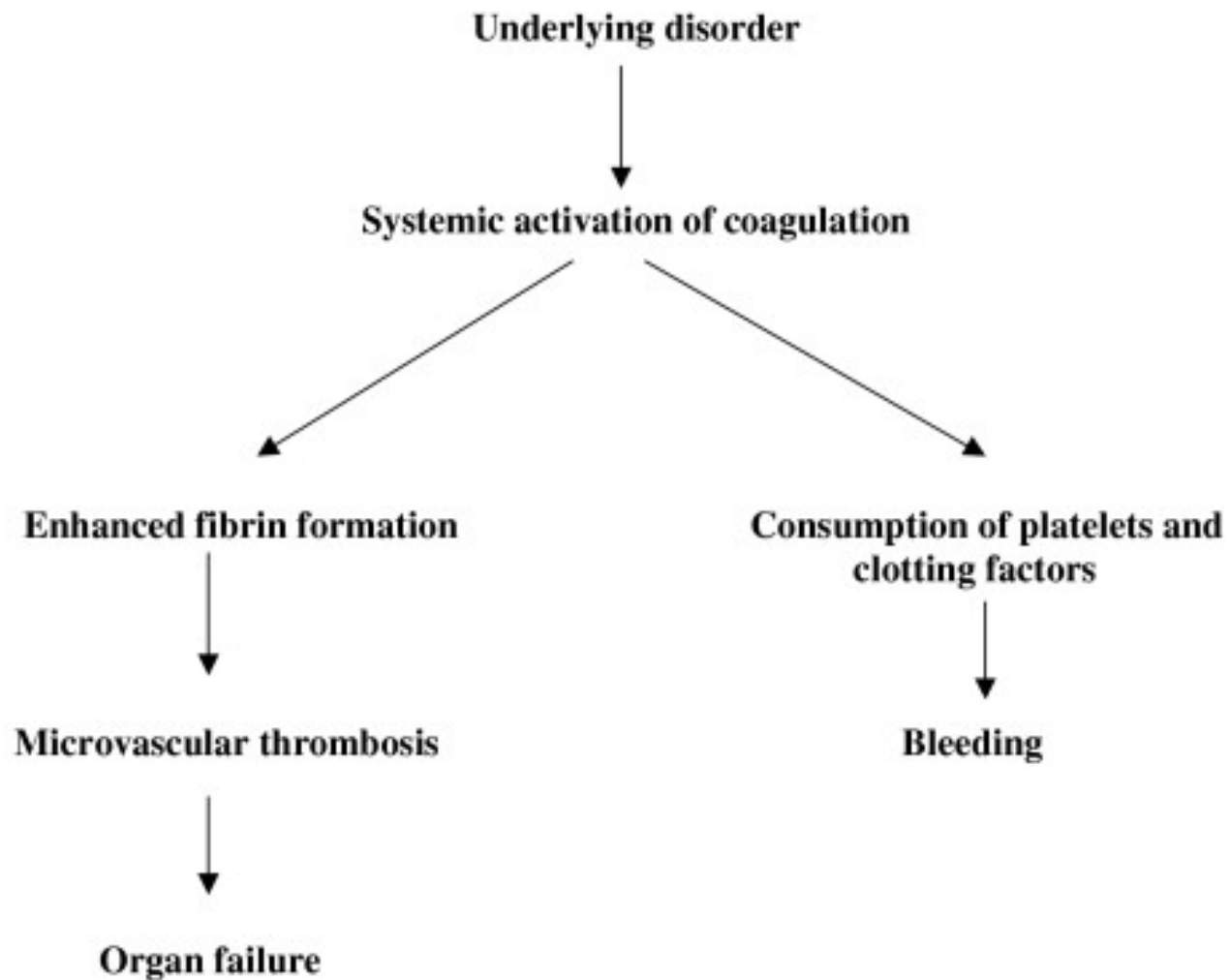
Agenda

- **Fisiopatologia**
- **Manifestazioni cliniche**
- **Diagnosi**
- **Terapia (eziologica – di supporto)**

**Note fibrin
thrombi in
microvasculature**







Coagulopatia acquisita complessa

1. DIC

2. Iperfibrinolisi primitiva

3. Coagulopatia da emorragia massiva

4. Coagulopatia da trauma

5.

Underlying disorder



Systemic activation of coagulation



Enhanced fibrin formation



Microvascular thrombosis



Organ failure

**Consumption of platelets and
clotting factors**



Bleeding

**DIC never just arises
out of the blue ...**

**... it is always a complication of
something else !**

Patologie sottostanti

Sepsi

Neoplasia solida ed oncoematologica

Patologia ostetrica (quali?)

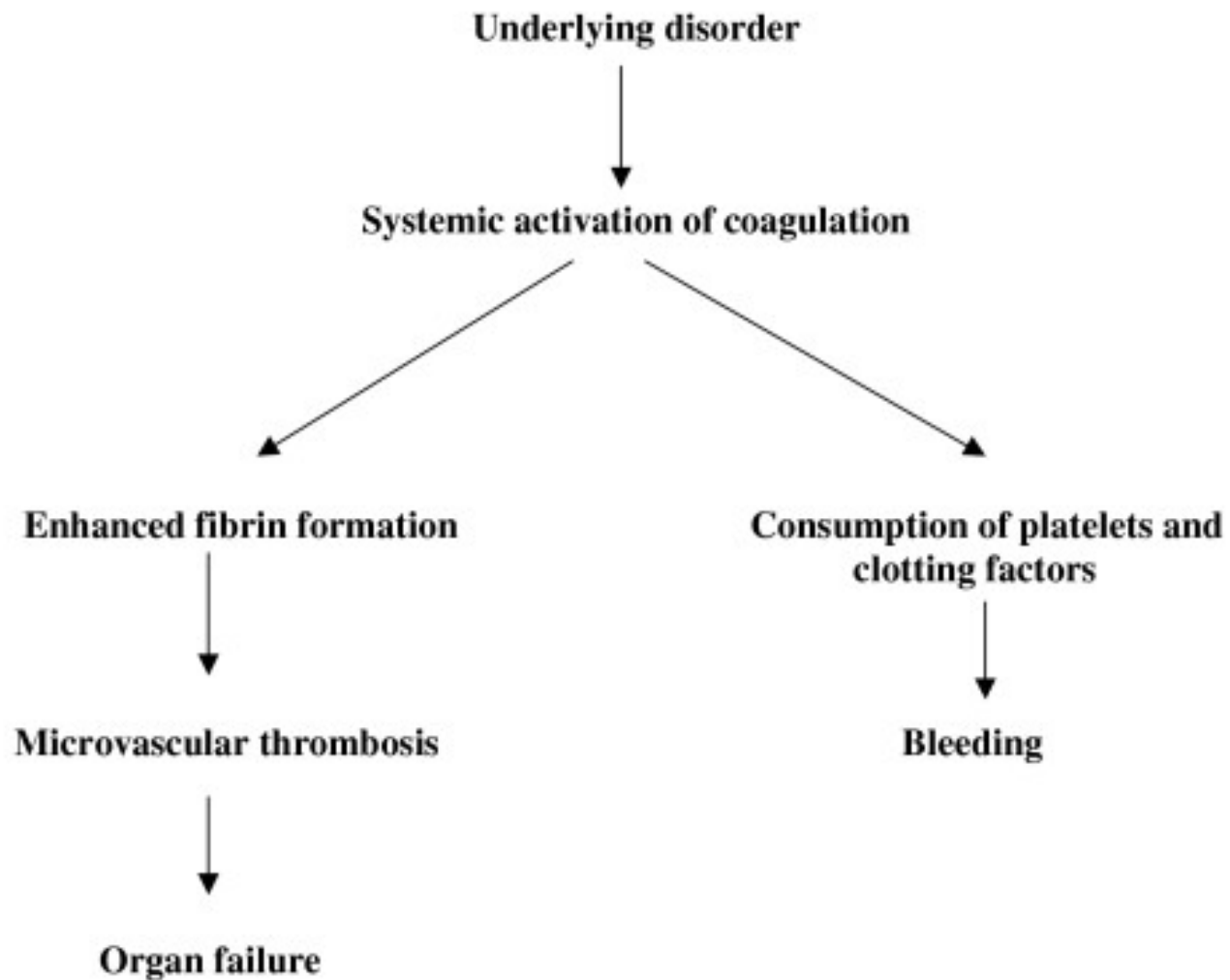
Ustione

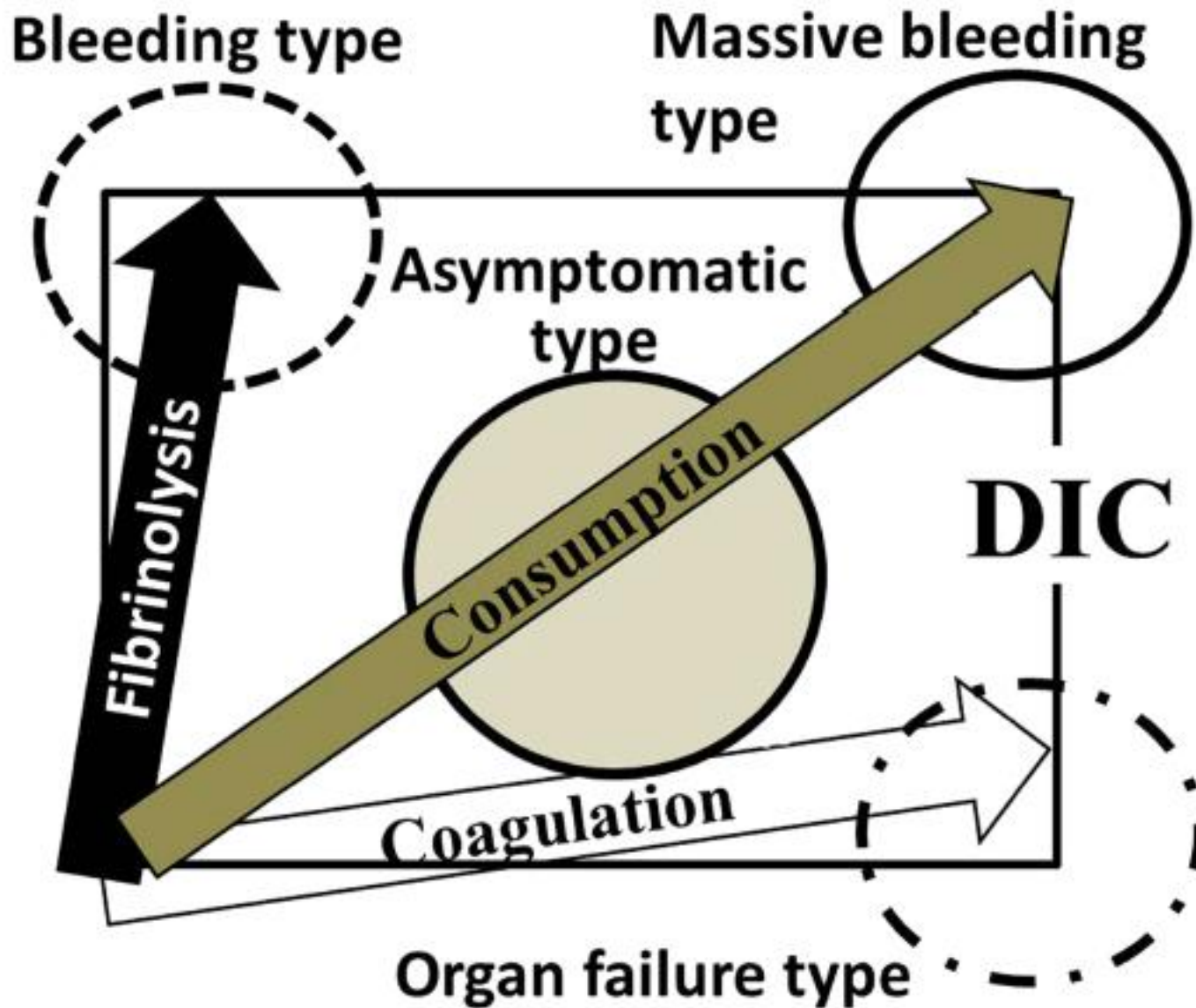
Reazione tossica/immunologica

Anomali vascolari (DIC localizzata ?)

Agenda

- Fisiopatologia
- **Manifestazioni cliniche**
- Diagnosi
- Terapia (eziologica – di supporto)





Agenda

- Fisiopatologia
- Manifestazioni cliniche
- **Diagnosi**
- Terapia (eziologica – di supporto)



Table 2 Laboratory tests for DIC

	Abnormality in DIC	Other cause for the abnormality
PT	Prolongation	Liver dysfunction, vitamin K deficiency
FDP, D-dimer	Elevation	Venous thromboembolism, operation
Fibrinogen	Reduction	Liver dysfunction
Platelet count	Reduction	Bone marrow disorders
AT/PC	Reduction	Liver dysfunction, capillary leak syndrome



Table 2 Scoring system for overt disseminated intravascular coagulation proposed by International Society on Thrombosis and Haemostasis

	Score
Platelet counts	
<50 × 10 ⁹ /l	2
≥50 <100 × 10 ⁹ /l	1
≥100 × 10 ⁹ /l	0
Elevated fibrin-related marker ^a	
Strong increase	3
Moderate increase	2
No increase	0
Prolonged prothrombin time	
≥6 seconds	2
≥3 <6 seconds	1
<3 seconds	0
Fibrinogen level	
<100 g/ml	1
≥100 g/ml	0
Calculate score	
If >5, compatible with overt DIC; repeat scoring daily	
If <5, suggestive (not affirmative) for nonovert DIC; repeat next 1 to 2 days.	

DIC, disseminated intravascular coagulation. ^aFor example, soluble fibrin monomers/fibrin degradation products.

Table 1 Scoring system for disseminated intravascular coagulation by the Japanese Association for Acute Medicine

	Score
SIRS criteria	
≥ 3	1
0 to 2	0
Platelet counts	
$<80 \times 10^9/l$ or $>50\%$ decrease within 24 hours	3
$\geq 80 <120 \times 10^9/l$ or $>30\%$ decrease within 24 hours	1
$\geq 120 \times 10^9/l$	0
Prothrombin time (value of patient/normal value)	
≥ 1.2	1
<1.2	0
Fibrin/fibrinogen degradation products	
$\geq 25 \text{ mg/l}$	3
$\geq 10 <25 \text{ mg/l}$	1
$<10 \text{ mg/l}$	0
Diagnosis	
Disseminated intravascular coagulation	≥ 4

SIRS, systemic inflammatory response syndrome.

Table 1. Laboratory Findings in Various Platelet and Coagulation Disorders in the ICU.							
Condition	Prothrombin Time	Activated Partial-Thromboplastin Time	Fibrinogen Level	D-Dimer Level	Bleeding Time	Platelet Count	Findings on Blood Smear
Vitamin K deficiency or use of vitamin K antagonist	Prolonged	Normal or mildly prolonged	Normal	Unaffected	Unaffected	Unaffected	
Aspirin or thienopyridines	Unaffected	Unaffected	Unaffected	Unaffected	Prolonged	Unaffected	
Liver failure							
Early stage	Prolonged	Unaffected	Unaffected	Unaffected	Unaffected	Unaffected	
End stage	Prolonged	Prolonged	Low	Increased	Prolonged	Decreased	
Uremia	Unaffected	Unaffected	Unaffected	Unaffected	Prolonged	Unaffected	
Disseminated intravascular coagulation	Prolonged	Prolonged	Low	Increased	Prolonged	Decreased	Fragmented red cells
Thrombotic thrombocytopenic purpura	Unaffected	Unaffected	Unaffected	Unaffected	Prolonged	Very low	Fragmented red cells
Hyperfibrinolysis	Prolonged	Prolonged	Low	Very high	Possibly prolonged	Unaffected	

Table 1 Clinical conditions that may be associated with overt DIC

- sepsis/severe infection (any micro-organism)
- trauma (e.g. polytrauma, neurotrauma, fat embolism)
- organ destruction (e.g. severe pancreatitis)
- malignancy
 - solid tumors
 - myeloproliferative/lymphoproliferative malignancies
- obstetrical calamities
 - amniotic fluid embolism
 - abruptio placentae
- vascular abnormalities
 - Kasabach-Merrit Syndrome
 - large vascular aneurysms
- severe hepatic failure
- severe toxic or immunologic reactions
 - snake bites
 - recreational drugs
 - transfusion reactions
 - transplant rejection

JAAM: need to be excluded

Massive blood loss, massive infusion

TTP-HUS, HELLP syndrome

Liver disease

Hypothermia

Spurious laboratory results

Underlying disorder

Systemic activation of coagulation

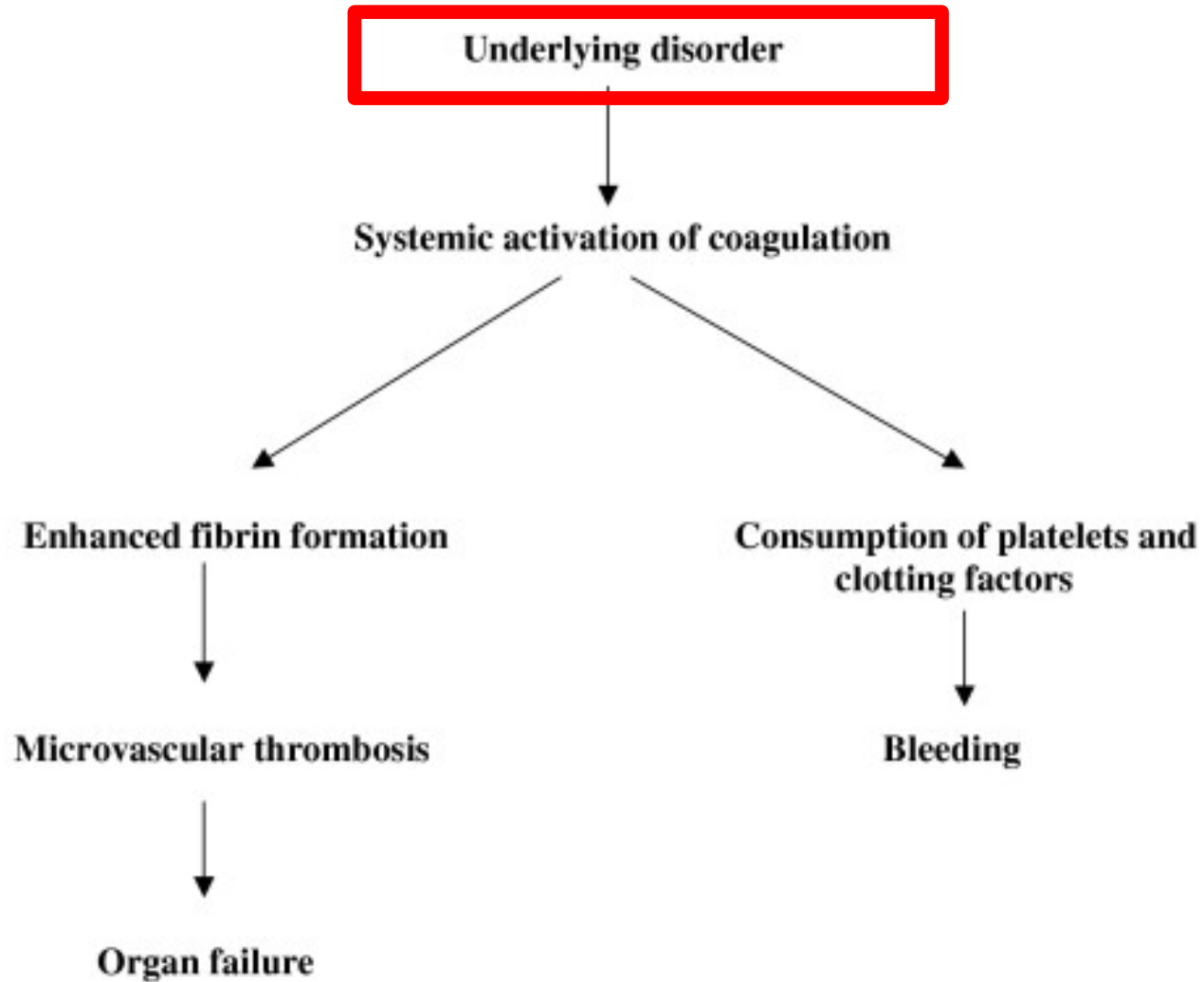
Enhanced fibrin formation

Consumption of platelets and clotting factors

Microvascular thrombosis

Bleeding

Organ failure



Agenda

- Fisiopatologia
- Manifestazioni cliniche
- Diagnosi
- Terapia (eziologica – di supporto)

Quale terapia ...?

1. Cura della patologia sottostante ?

2. Anticoagulante ??

3. Terapia di supporto ?

(previene e/o cura le ‘complicanze’)

Table 1 Differences in recommendations among three guidelines from BCSH, JSTH, and Siset and harmonized ISTH/SSC guidance

	BCSH	JSTH	Siset	ISTH/SSC
Scoring system for DIC	R; grade C	R	R; grade C	R; high quality
Single test analysis for DIC	NR	NR ^a	NR; grade D	R high quality
Treatment of underlying disease	R; grade C	R; consensus	R; cornerstone	R; moderate quality
Platelet concentration	R; grade C	R; consensus	R; grade D	R; low quality
FFP	R; grade C	R; consensus	R; grade D	R; low quality
Fibrinogen, cryoprecipitate	R; grade C	Disregard	R; grade D	R; low quality
FVIIa	Disregard	Disregard	NR; grade D	NM
UFH (treatment)	R; grade C	R; level C	NR; grade D	R; low quality
UFH (prophylaxis for VTE)	R; grade A	Disregard	R	R; high quality
LMWH	Disregard	R; level B2	R; grade D	Preferred to UFH
Heparin sulfate	Disregard	R; level C		NM
Synthetic protease	Disregard	R; level B2	NR; grade D	NM
rhAPC	R; grade A	Disregard	R; grade D	Need for further Ed from RCT
AT	NR; grade A	R; B1	NR; grade D	Need for further Ed from RCT
rhTM	Disregard	Disregard	NR; grade B	Need for further Ed from RCT
Antifibrinolytic agents	R; grade C	NR; level D		R; low quality
Plasma exchange	Disregard	Disregard	NR; grade D	NM

R, recommendation; NR, not recommendation; R^a, suggestive recommendation; NM, not mention; Ed, evidence; FFP, fresh frozen plasma; PCC, FVIIa, activated coagulation factor VII; UFH, unfractionated heparin; LMWH, low molecular weight heparin; rh, recombinant human; APC, activated protein C; AT, antithrombin; TM, thrombomodulin; RCT, randomized control trial.

Linee Guida

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Mini Review

Diagnosis and treatment of disseminated intravascular coagulation: Guidelines of the Italian Society for Haemostasis and Thrombosis (SISET)[☆]

Marcello Di Nisio^{a,*}, Francesco Baudo^b, Benilde Cosmi^c, Armando D'Angelo^d, Andrea De Gasperi^e,
Alessandra Malato^f, Mario Schiavoni^g, Alessandro Squizzato^h
on behalf of the Italian Society for Thrombosis and Haemostasis

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^b Department of Haematology, Niguarda Hospital, Milan, Italy

^c Unit of Angiology and Coagulation Disorders "Marino Golinelli", Policlinic S. Orsola-Malpighi, Bologna, Italy

^d Coagulation Service and Thrombosis Research Unit, San Raffaele Hospital IRCCS, Milan, Italy

^e Department of Anaesthesiology and Intensive Care II, Niguarda Hospital, Milan, Italy

^f Department of Haemostasis and Haematology, Policlinic P. Giaccone, Palermo, Italy

^g Department of Internal Medicine, Thrombosis and Haemostasis Center, Scorrano-Lecce, Italy

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Patologia sottostante

controlled trials of parachute intervention.

Conclusions As with many interventions intended to prevent ill health, the effectiveness of parachutes has not been subjected to rigorous evaluation by using randomised controlled trials. Advocates of evidence based medicine have criticised the adoption of interventions evaluated by using only observational

data. We think that everyone might benefit if the most radical protagonists of evidence based medicine organised and participated in a double blind, randomised, placebo controlled, crossover trial of the parachute.

Parachutes reduce the risk of injury after gravitational challenge, but their effectiveness has not been proved with randomised controlled trials

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Terapia anticoagulante

- D Nei pazienti con sepsi con CID **non** si suggerisce l'uso dell'**antitrombina**
 - D Nelle pazienti ostetriche con CID **non** si suggerisce l'uso dell'**antitrombina**
 - D In pazienti epatopatici con CID **non** si suggerisce l'uso dell'**antitrombina**
-
- D Nei pazienti con neoplasie ematologiche e CID **non** si suggerisce l'uso del **dermatan solfato**

Terapia anticoagulante

- D Nei pazienti con sepsi, politraumatizzati, chirurgici, ostetriche, con neoplasie solide e CID **non** si suggerisce l'uso **dell'eparina non frazionata** ad esclusione della profilassi del tromboembolismo venoso nella CID senza sanguinamento
- D Nei pazienti con sepsi, politraumatizzati, chirurgici, ostetriche, con neoplasie solide e CID **non** si suggerisce l'uso **dell'eparina a basso peso molecolare** ad esclusione della profilassi del tromboembolismo venoso nella CID senza sanguinamento
- D Nei pazienti con anomalie vascolari o epatopatici con diagnosi di CID **non** si suggerisce l'uso **dell'eparina non frazionata o dell'eparina a basso peso molecolare**
- D Nei pazienti con neoplasie solide, ostetriche, con ferita da arma da fuoco e CID **non** si suggerisce l'uso routinario del **fattore VII** attivato ricombinante in caso di emorragia

Terapia anticoagulante

- D Nei pazienti con sepsi, chirurgici, con neoplasie solide oematologiche e CID **non** si suggerisce l'uso del **gabesato**
- D Nei pazienti con sepsi severa/shock settico con alto rischio di mortalità e APACHE II > 25 (per EMEA almeno 2 organi compromessi) e CID si suggerisce l'uso della **proteina C attivata ricombinante**
- D Nelle pazienti ostetriche e CID **non** si suggerisce l'uso della **proteina C attivata**
- D Nei pazienti con sepsi e CID **non** si suggerisce l'uso della **proteina C zimogeno**
- D Nei pazienti con sepsi o con neoplasie ematologiche e CID **non** si suggerisce il **plasma exchange**

Trombomodulina ricombinante

Efficacy and safety of recombinant human soluble thrombomodulin (ART-123) in disseminated intravascular coagulation: results of a phase III, randomized, double-blind clinical trial.

Saito H, Maruyama I, Shimazaki S, Yamamoto Y, Aikawa N, Ohno R, Hirayama A, Matsuda T, Asakura H, Nakashima M, Aoki N.

J Thromb Haemost. 2007;5(1)

Trombomodulina ricombinante

A randomized, double-blind, placebo-controlled, Phase 2b study to evaluate the safety and efficacy of recombinant human soluble thrombomodulin, ART-123, in patients with sepsis and suspected disseminated intravascular coagulation.

Vincent JL, Ramesh MK, Ernest D, LaRosa SP, Pachl J, Aikawa N, Hoste E, Levy H, Hirman J, Levi M, Daga M, Kutsogiannis DJ, Crowther M, Bernard GR, Devriendt J, Puigserver JV, Blanzaco DU, Esmon CT, Parrillo JE, Guzzi L, Henderson SJ, Pothirat C, Mehta P, Fareed J, Talwar D, Tsuruta K, Gorelick KJ, Osawa Y, Kaul I.

Crit Care Med. 2013;41(9).

Quale terapia cambia la prognosi ?

1. Cura della patologia sottostante: SI !!

2. Anticoagulante: ??

3. Terapia di supporto ...
(previene e/o cura le ‘complicanze’)

Terapia di supporto

- D Nei pazienti con CID e **sanguinamento in atto** si suggerisce l'uso di terapia di supporto (trasfusione di piastrine, plasma, crioprecipitato)
- D Nei pazienti con CID cronica o senza emorragia non si suggerisce l'uso di terapia di supporto (trasfusione di piastrine, plasma, crioprecipitato) indipendentemente dai risultati di test di laboratorio

Supportive management strategies for disseminated intravascular coagulation

An international consensus

Alessandro Squizzato¹; Beverley J. Hunt²; Gary T. Kinasewitz³; Hideo Wada⁴; Hugo ten Cate⁵; Jecko Thachil⁶; Marcel Levi⁷; Vicente Vicente⁸; Armando D'Angelo⁹; Marcello Di Nisio^{7,10}

¹Research Center on Thromboembolic Disorders and Antithrombotic Therapies, Department of Clinical and Experimental Medicine, University of Insubria, Varese, Italy; ²Department of Haematology, Pathology and Lupus, Guy's & St Thomas' NHS Foundation Trust, London, UK; ³Pulmonary and Critical Care Medicine, University of Oklahoma Health Sciences Center, Oklahoma City, Oklahoma, USA; ⁴Department of Molecular and Laboratory Medicine, Mie University School of Medicine, Mie, Japan; ⁵Department of Internal Medicine and Cardiovascular Research Institute, Maastricht University Medical Center, Maastricht, The Netherlands; ⁶Department of Haematology, Manchester Royal Infirmary, Manchester, UK; ⁷Department of Medicine, Academic Medical Centre, University of Amsterdam, Amsterdam, The Netherlands; ⁸Division of Hematology and Clinical Oncology, Hospital Universitario Morales Meseguer, Murcia, Spain; ⁹Coagulation Service and Thrombosis Research Unit, Scientific Institute San Raffaele, Milano, Italy; ¹⁰Department of Medical, Oral, and Biotechnological Sciences, Università "G. D'Annunzio" of Chieti-Pescara, Chieti, Italy

Summary

The cornerstone of the management of disseminated intravascular coagulation (DIC) is the treatment of the underlying condition triggering the coagulopathy. However, a number of uncertainties remain over the optimal supportive treatment. The aim of this study was to provide

tion and control groups. The experts' approach was heterogeneous, although there was consensus that supportive management should vary according to the underlying cause, clinical manifestations and severity of blood test abnormalities. Platelet transfusion should be given to maintain platelet count $> 50 \times 10^9/l$ in case of bleeding while a lower

Domande

1. How would you treat a patient with overt DIC, no bleeding, no thrombosis, and a treatable underlying disorder (i.e. pro-myelocytic leukemia; severe sepsis; pregnant complications)?
2. How would you treat a patient with overt DIC, minor bleeding (e.g. bruising, epistaxis), and an untreatable underlying disorder? Refer specifically to patients with an underlying metastatic solid cancer and specify: how long would you continue your treatment (in particular, plasma and/or Plt transfusion)?

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1	Gabexate and platelet transfusion for patients with pro-myelocytic leukemia; antithrombin for septic patients, gabexate for pregnant women
2	Prophylactic low-molecular weight heparin for all three conditions
3	For patients with pro-myelocytic leukemia, we use a Plt threshold of 50,000/mm³; below this threshold platelets are transfused. Furthermore, the hemoglobin level is maintained above 9 g/L, with a hematocrit of 30% to add to an optimal function of platelets. For septic patients, VTE prophylaxis with low molecular weight heparin even in the existence of laboratory abnormalities. For pregnant women without an obvious clinical phenotype, prophylactic low molecular weight heparins will be administered during the bedbound period in the puerperium
4	For patients with pro-myelocytic leukemia, I would assess PT, aPTT, D-dimer and Plt count. In those with an overt DIC I would replace missing constituents and give LMWH to switch off the thrombotic drive due to TF; those with a primary hyperfibrinolytic state I would administer tranexamic acid. For septic patient, only monitoring unless a bleeding or thrombotic problem develop. For pregnant women, only monitoring unless there is bleeding or thrombosis. If the patient needs an epidural or spinal anesthetic, I would recommend against; in case of surgery, I would ensure adequate fibrinogen and platelet count
5	If the platelets counts is <30,000/mm ³ or fibrinogen <150 mg/dL, Plt and cryoprecipate transfusion for all three conditions. After delivery (24-48 hours and without presence of bleeding), we consider starting anticoagulant prophylaxis with LMWH.
6	Tranexamic acid for patients with pro-myelocytic leukemia; FFP for pregnant women; and only monitoring for sepsis
7	For patients with pro-myelocytic leukemia, my treatment is based on the clinical presentation; if the patient has thrombotic presentation, I will commence intravenous heparin first due to the associated thrombocytopenia and high bleeding risk. If the patient has active bleeding, I will replace predominantly fibrinogen and platelets with laboratory markers to guide me. I will aim for lab values of fibrinogen >1.5 g/dL and platelets >

In generale ...

1. **Risposte eterogenee**
(mancanza di evidenze e/o diverso background degli esperti)
2. **Cornerstone: cura della patologia sottostante**
3. **Valutazione clinica e laboratoristica stretta del paziente in un team multidisciplinare**
4. **Terapie di supporto adattate al paziente ed al mutare clinico della situazione**

Table 4: Final recommendations.

1. Patient with DIC, without bleeding or thrombosis (i. e. non-overt / non-symptomatic type), with a treatable underlying disorder	
Recommendation	In a patient with overt DIC, without bleeding or thrombosis, and with a treatable underlying disorder, there was consensus that physicians should provide an individualised supportive strategy according to the underlying condition triggering the coagulopathy. In DIC patients with acute promyelocytic leukaemia, we suggest prophylactic platelet transfusion to maintain a platelet level at least above $20 \times 10^9/l$ in severe sepsis, we suggest prophylactic dose of LMWH and prophylactic platelet transfusion to maintain a platelet level at least above $20 \times 10^9/l$; in DIC secondary to pregnancy complication, we suggest prophylactic dose of LMWH, in particular during the post-partum period, and prophylactic platelet transfusion to maintain a platelet level at least above $20 \times 10^9/l$.
2. Patient with overt DIC, minor bleeding, and an untreatable underlying disorder	
Recommendation	Haemostatic transfusion support with blood products should be given for a limited period of time to a patient with DIC, minor bleeding and an underlying untreatable disorder. In particular, we suggest to continue with platelet transfusion till bleeding cease and to maintain a platelet level at least above $20 \times 10^9/l$.
3. Platelet count in patient with overt DIC	
Recommendation	A platelet count $>50 \times 10^9/l$ is suggested in all DIC patients with an active major bleeding. In non-bleeding patients, the trigger for platelet transfusion is between 20 and $30 \times 10^9/l$.
4. Duration of VTE prophylaxis in patient with overt DIC	
Recommendation	Pharmacological VTE prophylaxis should be stopped in case of bleeding or when platelet count is less than $30 \times 10^9/l$ and/or PT ratio is more than 1.5 and/or aPTT ratio is more than 1.5 and/or fibrinogen level <1 g/l.
5. Acute DVT and/or PE in patient with overt DIC and concomitant bleeding	
Recommendation	We suggest the use of a retrievable IVC filter in DIC patients with acute VTE and concomitant bleeding. When bleeding has ceased, risks and benefits of starting anticoagulation should be assessed daily through the close monitoring of the patient's clinical status, laboratory tests and treatment of the underlying condition.

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CONCLUSIONI – parte 1

... 4 insegnamenti ...

1. La DIC è un disordine ‘globale’
2. La DIC è un disordine ‘dinamico’
3. La DIC è un disordine ‘secondario’
4. La DIC è un disordine ‘grave’

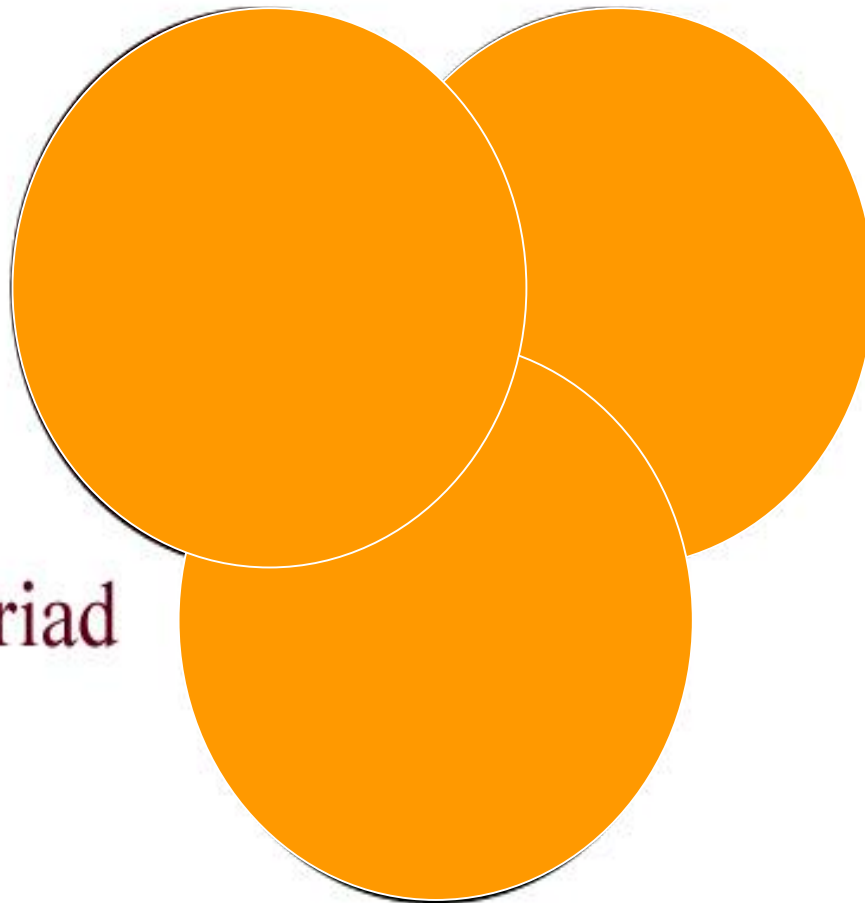
1. **Non esiste la DIC ‘idiopatica’**
2. **Prognosi riservata ‘per definizione’**
3. **Rapida diagnosi e cura della patologia sottostante**

CONCLUSIONI- parte 2

(molto personali)

Ma che cosa è veramente la DIC?

The EBM Triad

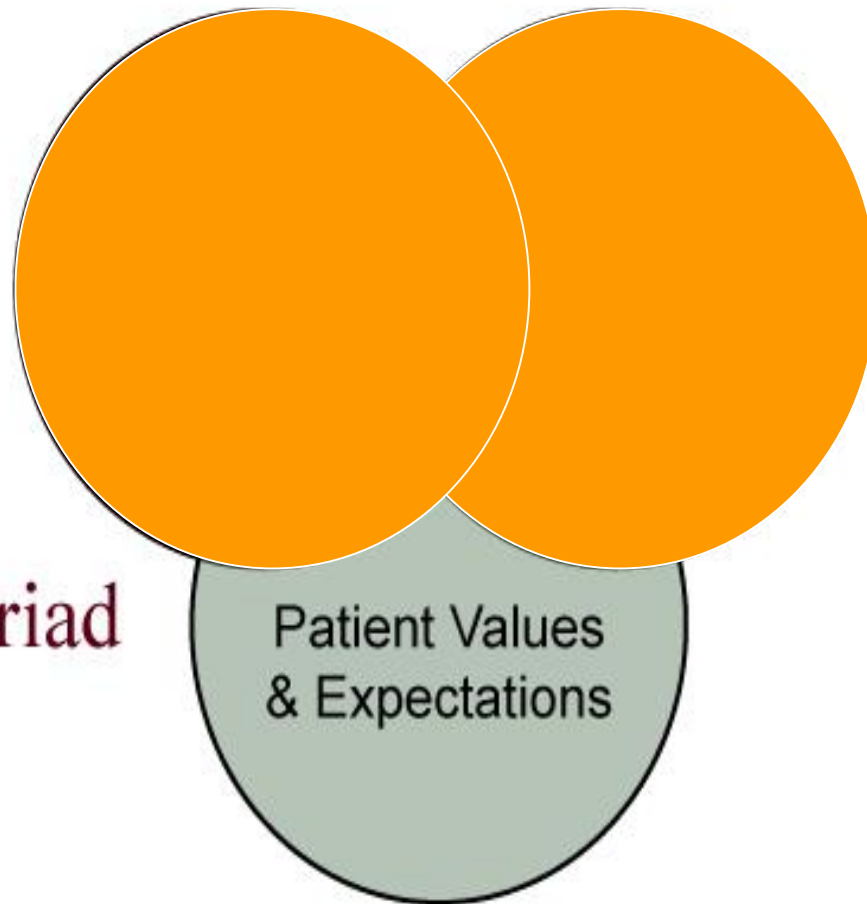


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Death Is Coming



The EBM Triad



Haynes RB, Devereaux PJ, Guyatt GH.
Clinical expertise in the era of evidence-based medicine and patient
choice. ACP Journal Club 2002; 136: A11-4

Table 1 Clinical conditions that may be associated with overt DIC

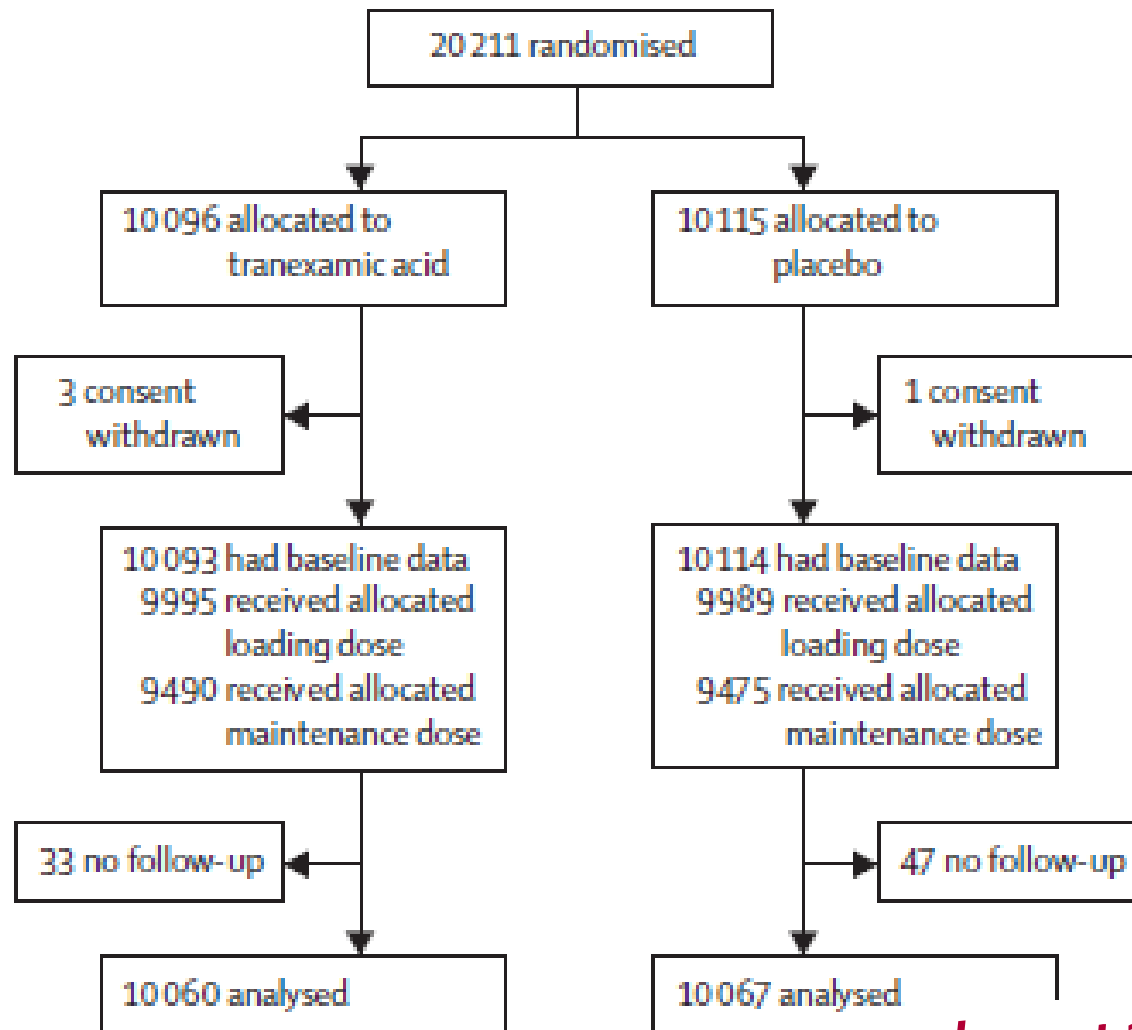
- sepsis/severe infection (any micro-organism)
- trauma (e.g. polytrauma, neurotrauma, fat embolism)
- organ destruction (e.g. severe pancreatitis)
- malignancy
 - solid tumors
 - myeloproliferative/lymphoproliferative malignancies
- obstetrical calamities
 - amniotic fluid embolism
 - abruptio placentae
- vascular abnormalities
 - Kasabach-Merrit Syndrome
 - large vascular aneurysms

- stopped (e.g. trauma)
- (b) “uncontrolled” activation of the regulatory factors of the hemostatic network (e.g., sepsis)
4. To establish the indication for laboratory tests (e.g., PT, aPTT, fibrinogen, D-dimer) for DIC. It is crucial to assess ongoing consumption of clotting factors and platelet count. Thrombin generation assay is helpful in establishing the severity of DIC. A direct or indirect measure of thrombin generation is helpful in establishing the diagnosis of DIC. It is not sufficiently sensitive.
5. In considering management, these tests have great value in assessing hemostatic activation.



Diapositiva 'rubata' a Paolo Severgnini

CRASH₂



Lancet 2010; 376: 23–32

Tissue injury

Plasminogen

tPA, urokinase, kallikrein

Haemostatic factors

PAI 1, TAFI

Tranexamic acid, EACA

Prothrombin

Bleeding,
coagulopathy

Lysis

Monocytes, PMNs

α_2 -antiplasmin

Plasmin

Inflammation

Activation

Complement

Fibrinogen

Thrombin

Fibrin

Clot

Inflammation,
oedema

Activation

Endothelium

tPA

Fibrinolysis

Any cause of

Bleeding

Vascular oc

Multiorgan

Head injury

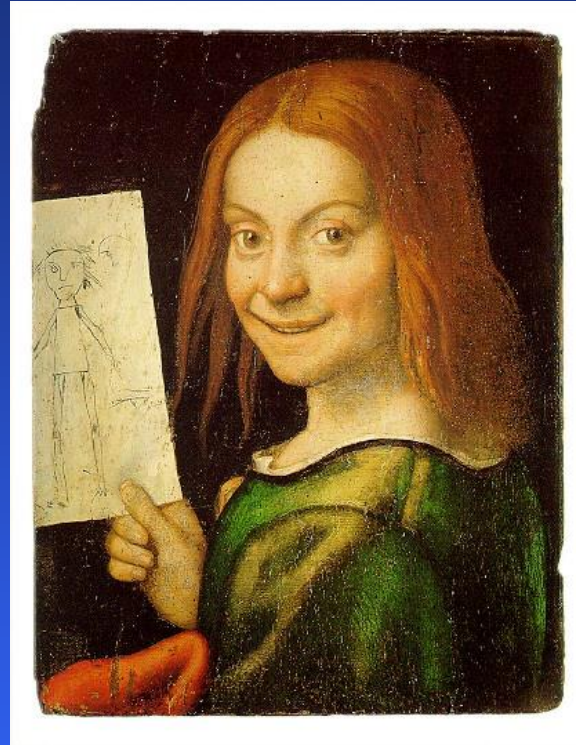
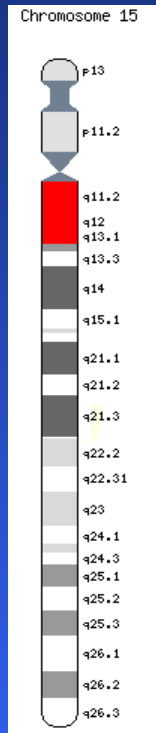
Other cause

Data are num

two-sided)

DIC: disease-induced coagulopathy

1. **TIC: trauma-induced coagulopathy**
2. **SIC: sepsis-induced coagulopathy**
3. **CIC: cancer-induced coagulopathy**
4. **LIC: leukemia-induced coagulopathy**
5. **AIC: aneurysm-induced coagulopathy**
6. **...**



The Angelman Syndrome

1965, Verona

"Boy with a Puppet" or "A child with a drawing" by
Giovanni Francesco Caroto, Castelvechio Museum, Verona
Italy

"I may not speak, but I have much to say"

The 'Angel' Pietro