

CONVEGNO

# Terapie Anticoagulanti

EVIDENZE ED OPINIONI A CONFRONTO

Cremona, venerdì 4 marzo 2016

Cremona

4 Marzo 2016

AVK e DOAC in chirurgia:  
"to bridge or not"?

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# Conflitti di Interesse

Lecture

Protocolli di Ricerca

Advisory Boards

- Bayer
- BMS/Pfizer
- Boheringer
- Daichii
- Sanofi
- Alfa Wasserman



Pazienti in TAO:  
1.000.000-1200000



~ 1/10

Procedura-Intervento/anno

# Bridging therapy

Fase  
Pre-operatoria



Fase  
Post-operatoria

- Procedura invasiva
- Intervento Chirurgico

Bridging, la mia posizione attuale...

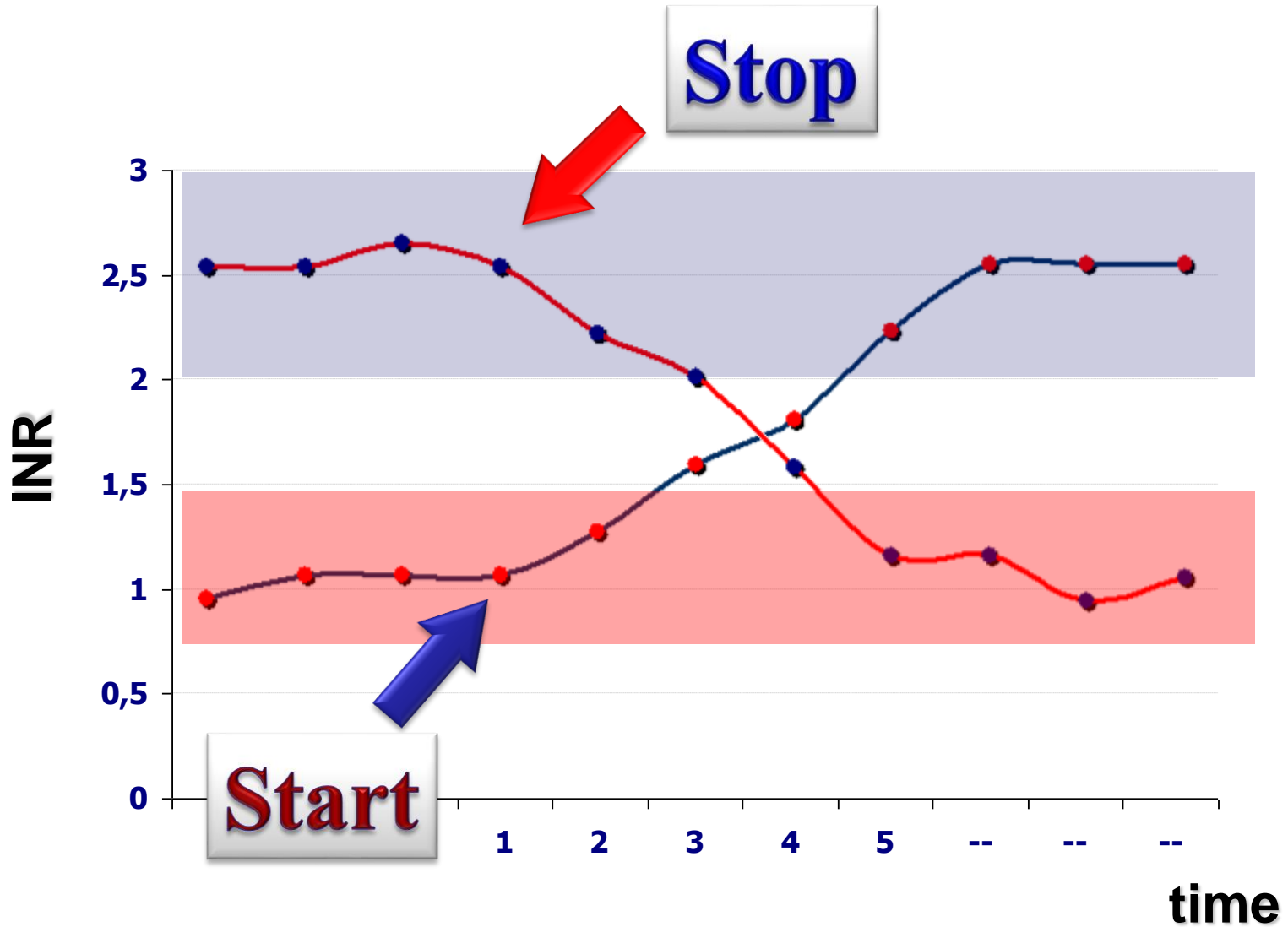


Ma...

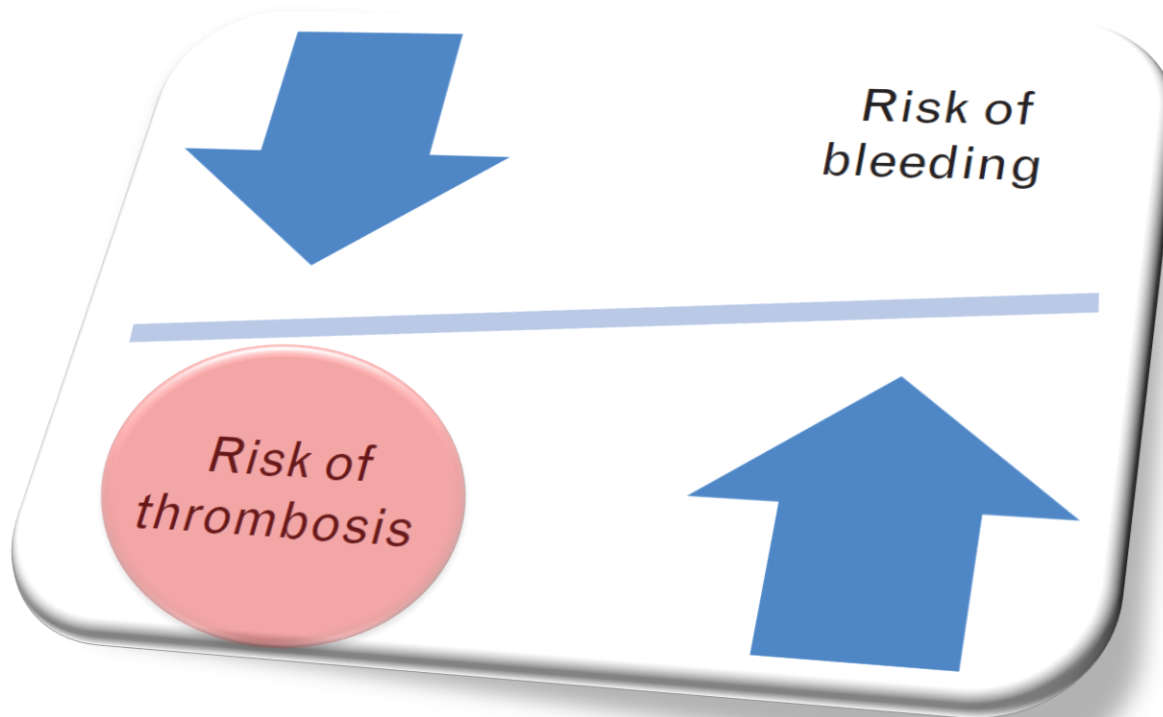


F.D. 40 anni  
Ex Bridger

# Warfarin therapy



## 'New' direct oral anticoagulants in the perioperative setting





## **Perioperative Management of Warfarin Therapy: To Bridge or Not to Bridge, That Is the Question**

Although interruption of warfarin is thought to expose patients to a **low risk** of arterial thromboembolism, such events can have devastating consequences: **valve thrombosis is associated with a 15% mortality rate,** and an **embolic stroke is associated with a 70% rate of major neurologic deficit or death.**<sup>3-5</sup>

## Perioperative management of warfarin and antiplatelet therapy

### Major events in perioperative management

Study	Patients (N)	Follow-up (mo)	Reason for anticoagulation	Thromboembolism (%)	Major bleeding (%)
Douketis et al, 2004 <sup>9</sup>	650	0.5	AF, MHV	0.6%	1.0%
Kovacs et al, 2004 <sup>10</sup>	224	3	AF, MHV	1.3%	6.9%
Dunn et al, 2007 <sup>11</sup>	260	1	AF, DVT	2.3%	3.5%
Spyropoulos et al, 2006 <sup>12</sup>	901	1	AF, MHV, VTE	1.5%	3.3%
Turpie and Douketis, 2004 <sup>13</sup>	220	3	MHV	0.5%	3.5%
Jaffer et al, 2005 <sup>14</sup>	493	1	VTE, CVA, AF, MHV	0.8%	3.2%

**1.0 %**

**3.5 %**

# Perioperative management of warfarin and antiplatelet therapy

## Risk category

### High

(>10%/yr risk of ATE  
or >10%/mo risk of VTE)

### Moderate

(4%–10%/yr risk of ATE  
or 4%–10%/mo risk of VTE)

### Low

(<4%/yr risk of ATE  
or <2%/mo risk of VTE)

## Mechanical heart valve

Any mechanical mitral valve  
Older aortic valve  
Recent (< 6 mo) stroke or TIA

Bileaflet aortic valve and  
one of the following:  
atrial fibrillation, prior stroke/TIA,  
hypertension, diabetes, heart failure,  
age > 75 yr

Bileaflet aortic valve without  
atrial fibrillation and no other  
risk factors for stroke

# Perioperative management of warfarin and antiplatelet therapy

## Risk category

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or >10%/mo risk of VTE)

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### Low

(<4%/yr risk of ATE  
or <2%/mo risk of VTE)

## Atrial fibrillation

CHADS<sub>2</sub> score of 5 or 6  
Recent (< 3 mo) stroke or TIA  
Rheumatic valvular heart disease

CHADS<sub>2</sub> score of 3 or 4

CHADS<sub>2</sub> score of 0–2  
(and no prior stroke or TIA)

# Perioperative management of warfarin and antiplatelet therapy

## Risk category

### High

(>10%/yr risk of ATE  
or >10%/mo risk of VTE)

### Moderate

(4%–10%/yr risk of ATE  
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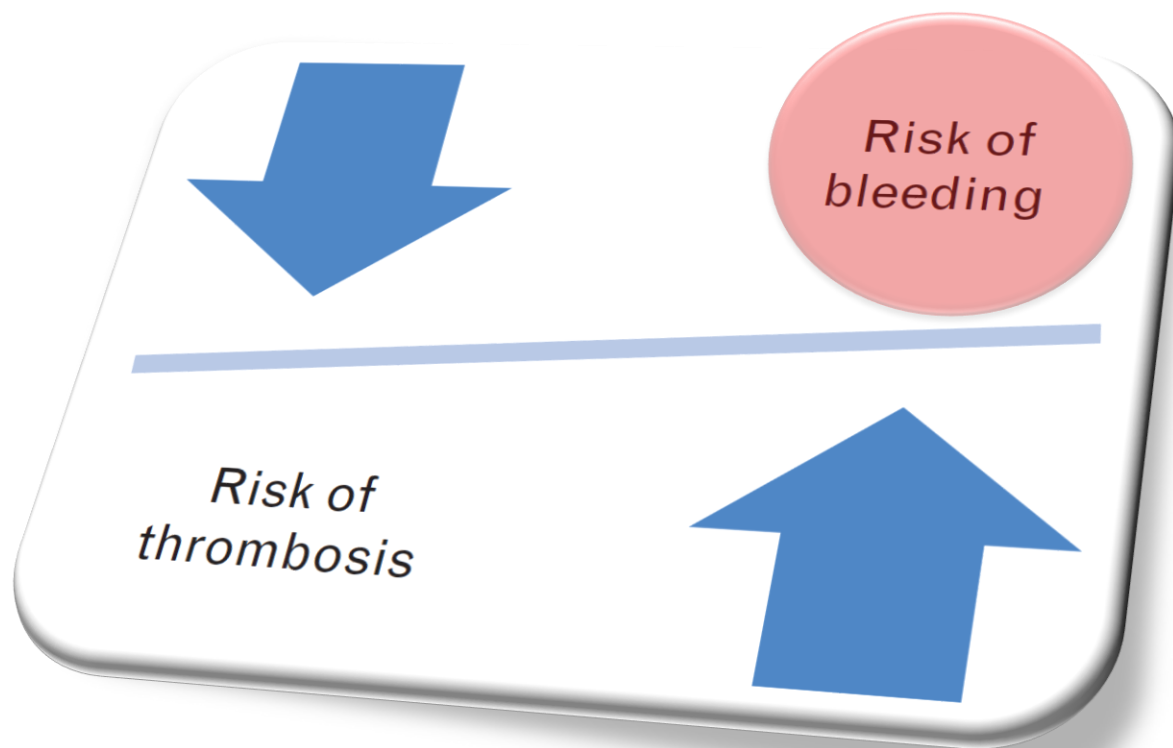
## Venous thromboembolism

Recent (< 3 mo) VTE  
Severe thrombophilia

VTE within past 3–12 mo  
Recurrent VTE  
Nonsevere thrombophilic conditions  
Active cancer

Single VTE within past 12 mo  
and no other risk factors

## 'New' direct oral anticoagulants in the perioperative setting



# Intervento e rischio emorragico correlato

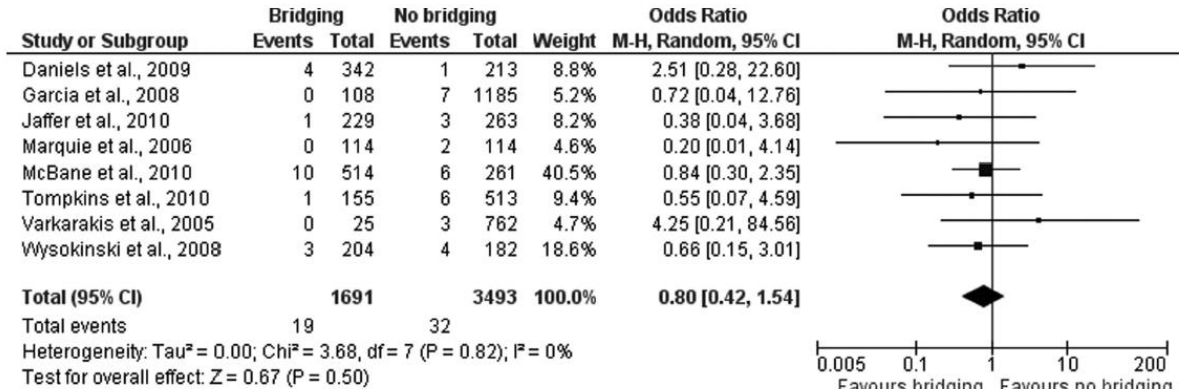
Interventi a basso rischio emorragico	Interventi a moderato rischio emorragico	Interventi ad elevato rischio emorragico
<ul style="list-style-type: none"><li>• Estrazioni dentali</li><li>• Incisioni di ascessi</li><li>• Cataratta/glaucoma</li><li>• Endoscopie senza chirurgia</li><li>• Chirurgia superficiale (dermatologica)</li></ul>	<ul style="list-style-type: none"><li>• Endoscopia con biopsia</li><li>• Studio elettrofisiologico/ablazione</li><li>• Angiografia</li><li>• Impianto di pacemaker</li></ul>	<ul style="list-style-type: none"><li>• Interventi con anestesia spinale o epidurale</li><li>• Chirurgia toracica</li><li>• Chirurgia addominale</li><li>• Chirurgia ortopedica maggiore</li><li>• Biopsia del fegato/reni</li><li>• Resezione della prostata</li></ul>

# Periprocedural Heparin Bridging in Patients Receiving Vitamin K Antagonists

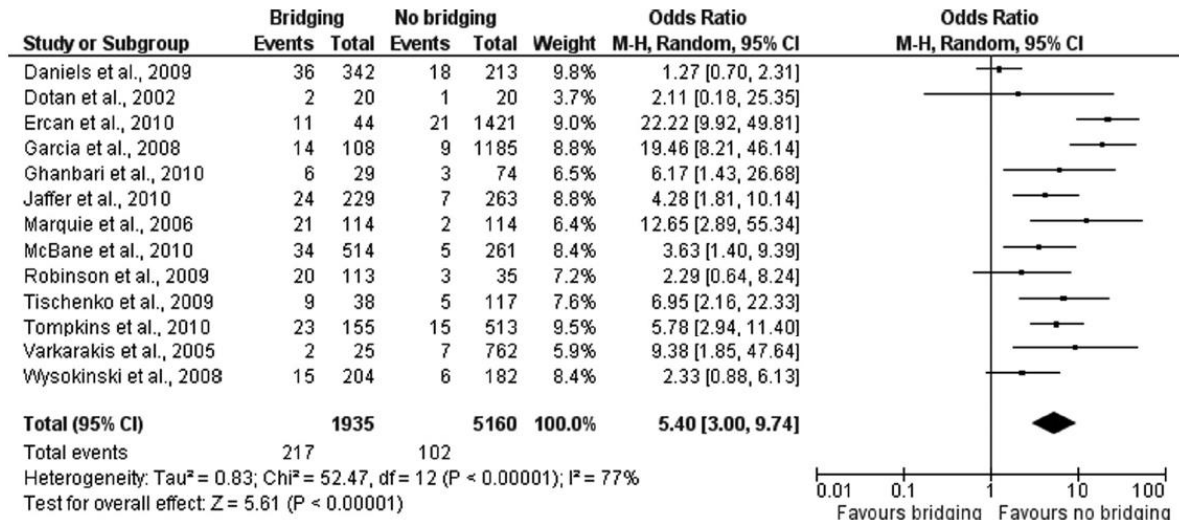
## Systematic Review and Meta-Analysis of Bleeding and Thromboembolic Rates



Thromboembolic events

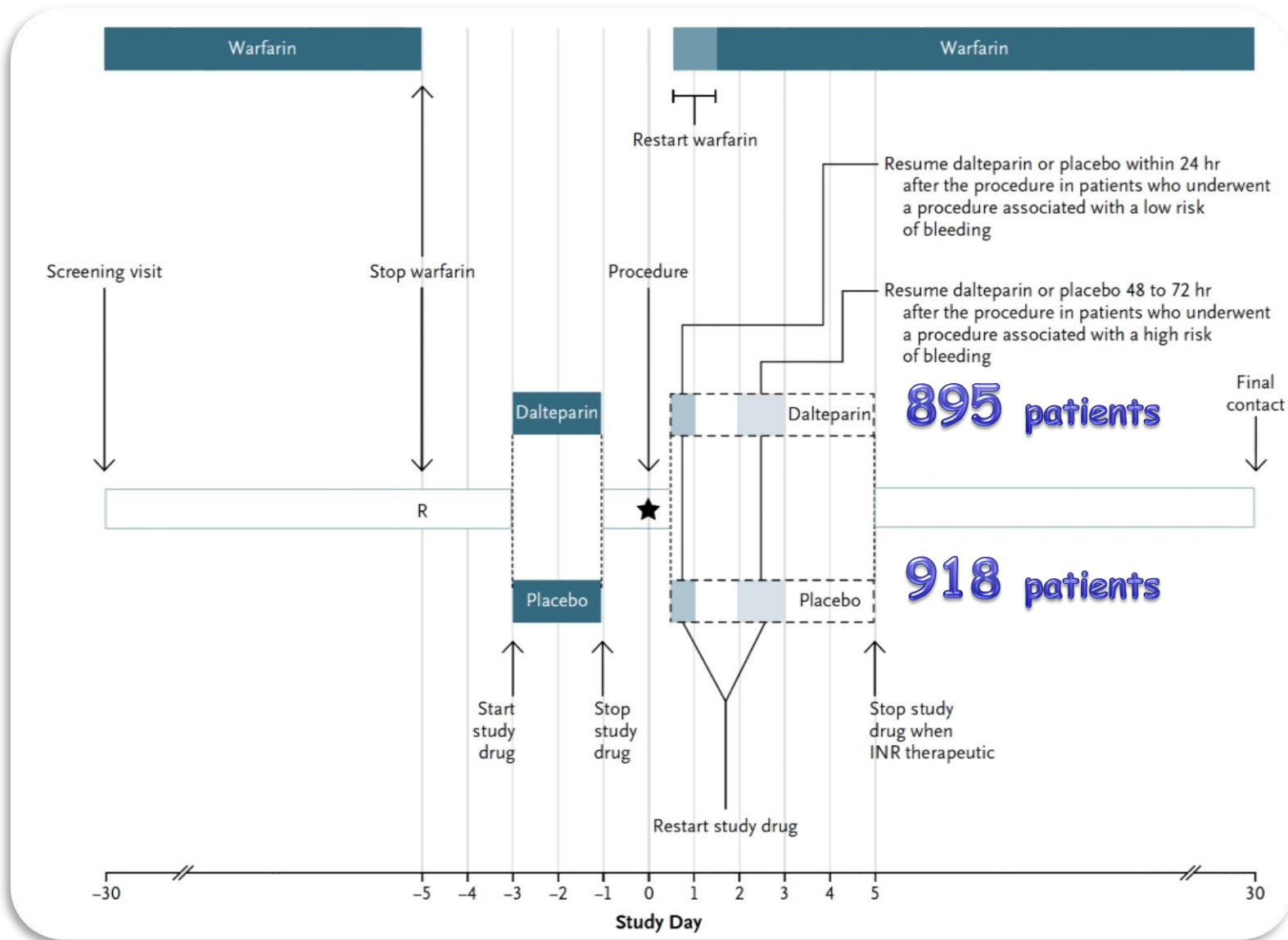


Overall bleeding events





# Perioperative Bridging Anticoagulation in Patients with Atrial Fibrillation



# Perioperative Bridging Anticoagulation in Patients with Atrial Fibrillation

Outcome	No Bridging (N = 918)	Bridging (N = 895)	P Value
---------	--------------------------	-----------------------	---------

*number of patients (percent)*

## Primary

Arterial thromboembolism	4 (0.4)	3 (0.3)	0.01*, 0.73†
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Patients in whom arterial thromboembolism occurred had a mean CHADS2 score of 2.6 (range, 1 to 4)

Five of the seven events occurred after a minor procedure.

## Secondary

Death	5 (0.5)	4 (0.4)	0.88†
Myocardial infarction	7 (0.8)	14 (1.6)	0.10†
Deep-vein thrombosis	0	1 (0.1)	0.25†
Pulmonary embolism	0	1 (0.1)	0.25†
Minor bleeding	110 (12.0)	187 (20.9)	<0.001†

# Perioperative Bridging Anticoagulation in Patients with Atrial Fibrillation



Outcome	No Bridging (N=918)	Bridging (N=895)	P Value
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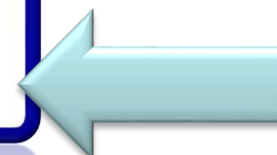
*number of patients (percent)*

## Primary

Arterial thromboembolism	4 (0.4)	3 (0.3)	0.01*, 0.73†
Stroke	2 (0.2)	3 (0.3)	
Transient ischemic attack	2 (0.2)	0	
Systemic embolism	0	0	
Major bleeding	12 (1.3)	29 (3.2)	0.005†

## Secondary

Death	5 (0.5)	4 (0.4)	0.88†
Myocardial infarction	7 (0.8)	14 (1.6)	0.10†
Deep-vein thrombosis	0	1 (0.1)	0.25†
Pulmonary embolism	0	1 (0.1)	0.25†
Minor bleeding	110 (12.0)	187 (20.9)	<0.001†



## The perioperative management of new direct oral anticoagulants: a question without answers

	<b>Apixaban</b>	<b>Rivaroxaban</b>	<b>Dabigatran</b>
<i>Mechanism of action</i>	Direct Xa inhibitor	Direct Xa inhibitor	Direct IIa inhibitor
<i>Protein-binding (%)</i>	35	40–59	> 90
<i>Substrate of transporters (P-gp)</i>	Yes	Yes	Yes
<i>Half-life (h)</i>	8–15	5–9	14–17
<i>Substrate or CYP enzymes</i>	Minor (CYP3A4)	Major (CYP3A4, CYP2J2)	No
<i>Elimination</i>	70% Unchanged 30% Inactive metabolites	50% Unchanged 50% Inactive metabolites	100% Unchanged drug+ active metabolites
<i>Route of elimination</i>	25% Urine 70% Faeces	70% Urine 30% Faeces	80% Urine 20% Faeces

## European Heart Rhythm Association Practical Guide on the use of new oral anticoagulants in patients with non-valvular atrial fibrillation

**Table 3** Last intake of drug before elective surgical intervention

	Dabigatran		Apixaban		Edoxaban <sup>a</sup>		Rivaroxaban	
No important bleeding risk and/or adequate local haemostasis possible: perform at trough level (i.e. $\geq 12$ or 24 h after last intake)								
	Low risk (h)	High risk	Low risk	High risk	Low risk	High risk	Low risk	High risk
CrCl $\geq 80$ mL/min	$\geq 24$	$\geq 48$	$\geq 24$	$\geq 48$	no data	no data	$\geq 24$	$\geq 48$
CrCl 50–80 mL/min	$\geq 36$	$\geq 72$	$\geq 24$	$\geq 48$	no data	no data	$\geq 24$	$\geq 48$
CrCl 30–50 mL/min <sup>b</sup>	$\geq 48$	$\geq 96$	$\geq 24$	$\geq 48$	no data	no data	$\geq 24$	$\geq 48$
CrCl 15–30 mL/min <sup>b</sup>	not indicated	not indicated	$\geq 36$	$\geq 48$	no data	no data	$\geq 36$	$\geq 48$
CrCl $< 15$ mL/min					no official indication for use			

# Peri-interventional management of novel oral anticoagulants in daily care: results from the prospective Dresden NOAC registry



European Heart Journal (2014) 35, 1888–1896  
doi:10.1093/eurheartj/eht557

**CLINICAL RESEARCH**

*Thrombosis and antithrombotic therapy*

## Peri-interventional management of novel oral anticoagulants in daily care: results from the prospective Dresden NOAC registry

Jan Beyer-Westendorf<sup>1\*</sup>, Vera Gelbricht<sup>1</sup>, Kati Förster<sup>1</sup>, Franziska Ebertz<sup>1</sup>,  
Christina Köhler<sup>1</sup>, Sebastian Werth<sup>1</sup>, Eberhard Kuhlisch<sup>2</sup>, Thoralf Stange<sup>2</sup>,  
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# Peri-interventional management of novel oral anticoagulants in daily care: results from the prospective Dresden NOAC registry

Outcome at Day 30 ± 5 after procedure	Type of procedures	Procedures without heparin bridging (N = 606)	Procedures with heparin bridging (N = 257)	P-value no bridging vs. bridging
Major cardiovascular events, n (%; 95% CI)	Minimal	0 (0.0%; 0.0–0.6)	0 (0.0%; 0.0–1.4)	>0.999
	Minor	4 (0.7%; 0.2–1.7)	1 (0.4%; 0.0–2.1)	0.830
	Major	1 (0.2%; 0.0–0.9)	3 (1.2%; 0.2–3.4)	0.082
	All	5 (0.8%; 0.3–1.9)	4 (1.6%; 0.4–3.9)	0.265
Major bleeding, n (%; 95% CI)	Minimal	0 (0.0%; 0.0–0.6)	0 (0.0%; 0.0–1.4)	>0.999
	Minor	2 (0.3%; 0.0–1.2)	1 (0.4%; 0.0–2.1)	0.651
	Major	1 (0.2%; 0.0–0.9)	6 (2.3%; 0.9–5.0)	<b>0.004</b>
	All	3 (0.5%; 0.1–1.4)	7 (2.7%; 1.1–5.5)	<b>0.010</b>

# Peri-interventional management of novel oral anticoagulants in daily care: results from the prospective Dresden NOAC registry

## Risk factors for cardiovascular events

**Table 5** Uni- and multivariate analyses of potential risk factors for cardiovascular events

Risk factor	Univariate analysis			Multivariate analysis		
	OR	95% CI	P-value	OR	95% CI	P-value
Dabigatran vs. rivaroxaban	7.4	0.7–82.2	0.101	–	–	–
Arterial hypertension	n.a.	0–∞	0.996	–	–	–
Diabetes	14.9	1.9–119.9	<b>0.011</b>	13.2	1.6–107.3	<b>0.016</b>
TIA/stroke in history	1.8	0.4–8.8	0.467	–	–	–
Coronary artery disease	2.0	0.5–8.0	0.337	–	–	–
Impaired renal function (GFR < 50 mL/min)	n.a.	0–∞	0.996	–	–	–
Major vs. non-major procedure	7.4	2.0–28.2	<b>0.003</b>	7.3	1.9–28.5	<b>0.004</b>
Age >65 years vs. <65 years	1.7	0.2–13.7	0.616	–	–	–
Pre-procedural NOAC interruption >24 h vs. <24 h	0.6	0.2–2.7	0.545	–	–	–
Heparin bridging vs. no bridging	1.9	0.5–7.1	0.341	–	–	–



# Peri-interventional management of novel oral anticoagulants in daily care: results from the prospective Dresden NOAC registry

## Risk factors for major bleeding events

**Table 6** Uni- and multivariate analyses of potential risk factors for major bleeding events

Risk factor	Univariate analysis			Multivariate analysis		
	OR	95% CI	P-value	OR	95% CI	P-value
Arterial hypertension	n.a.	0-∞	0.996	-	-	-
Diabetes	1.2	0.3-4.3	0.763	-	-	-
TIA/stroke in history	0.7	0.1-5.5	0.728	-	-	-
Coronary artery disease	2.7	0.7-9.5	0.133	-	-	-
Impaired renal function (GFR < 50 mL/min)	0.67	0.1-5.2	0.687	-	-	-
Major vs. non-major procedure	22.5	5.7-88.9	<b>&lt;0.001</b>	16.8	3.8-78.9	<b>&lt;0.001</b>
Age > 65 years vs. < 65 years	0.8	0.2-4.0	0.847	-	-	-
Pre-procedural NOAC interruption >24 h vs. <24 h	n.a.	0-∞	0.955	-	-	-
Heparin bridging vs. no bridging	5.6	1.4-21.9	<b>0.013</b>	5.0	1.2-20.4	0.023
HAS-BLED ≥ 3 vs. <3	1.5	0.4-5.7	0.589	-	-	-

# Perioperative bridging anticoagulation during dabigatran or warfarin interruption among patients who had an elective surgery or procedure

## Substudy of the RE-LY trial

James D. Douketis<sup>1</sup>; Jeff S. Healey<sup>1,2</sup>; Martina Brueckmann<sup>3,4</sup>; John W. Eikelboom<sup>1,2</sup>; Michael D. Ezekowitz<sup>5</sup>; Mandy Fraessdorf<sup>3</sup>; Herbert Noack<sup>3</sup>; Jonas Oldgren<sup>6</sup>; Paul Reilly<sup>7</sup>; Alex C. Spyropoulos<sup>8</sup>; Lars Wallentin<sup>6</sup>; Stuart J. Connolly<sup>1,2</sup>

Perioperative management	Warfarin-treated (n = 391)		Dabigatran-treated (n = 418)	
	Pre-operative	Post-operative	Pre-operative	Post-operative
Stopping oral anticoagulant: n (%)				
<1 day before surgery/procedure	12 (3.1)	n/a	43 (10.3)	n/a
<2 days before surgery/procedure	15 (3.8)		100 (23.9)	
-2-5 days before surgery/procedure	164 (41.9)		167 (40.0)	
>5 days before surgery/procedure	191 (48.8)		98 (23.4)	
-timing data missing	9 (2.3)		10 (2.4)	
Resuming oral anticoagulant: n (%)				
<1 day after surgery/procedure	n/a		n/a	87 (23.8)
<2 days after surgery/procedure		86 (23.5)		54 (14.8)
-2-5 days after surgery/procedure		78 (21.3)		80 (21.9)
>5 days after surgery/procedure		90 (24.5)		133 (36.3)
-timing data missing		97 (26.4)		12 (3.3)
		16 (4.4)		
LMWH bridging regimen: n (%)				
-any LMWH:	246	266	200	265
- once-daily SC	151 (61.4)	159 (59.8)	124 (62.0)	174 (65.7)
- twice-daily SC	92 (37.5)	103 (38.7)	71 (35.5)	82 (30.9)
- dose regimen data missing	3 (1.2)	4 (1.5)	5 (2.5)	9 (3.4)
-timing of 1 <sup>st</sup> post-operative dose:				
- day 0	n/a	80 (30.1)	n/a	92 (34.7)
- day +1		93 (35.0)		81 (30.6)
- day +2 or later		36 (13.6)		21 (7.9)
- timing data missing		57 (21.4)		71 (26.8)
UFH bridging regimen: n (%)				
-any UFH:	58	65	61	70
- intravenous	35 (60.3)	33 (50.8)	40 (65.6)	37 (52.9)
- SC	23 (39.7)	31 (47.7)	21 (34.4)	33 (47.1)
- dose regimen data missing	0	1 (1.5)	0	0

SC, subcutaneous; LMWH, low-molecular-weight heparin; UFH, unfractionated heparin.

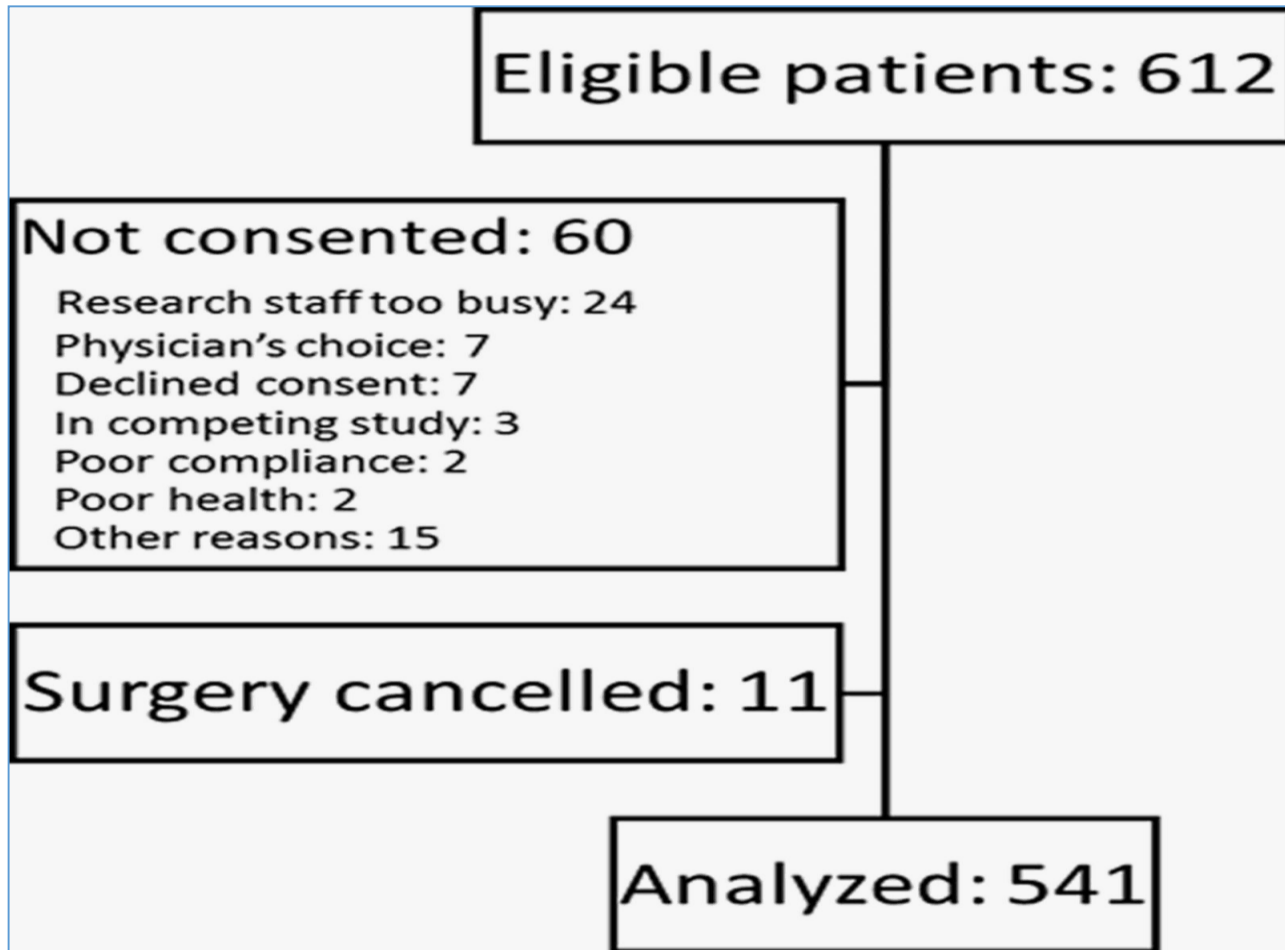
Clinical outcome	Bridging status	Warfarin group (n = 1,415)		Dabigatran group (2,691)	
		% (N) patients with events / (N) patients assessed	OR (95% CI): bridged vs not bridged‡	% (N) patients with events / (N) patients assessed	OR (95% CI): bridged vs not bridged‡
Major bleeding	Bridged	6.8 (26/383)	4.62 (2.45–8.72) P < 0.001	6.5 (27/417) 1.8 (42/2,274)	3.68 (2.24–6.04), P < 0.001
	Not bridged	1.6 (16/1,032)			
	Treatment interaction (warfarin vs. dabigatran) ¶	p = 0.577			
Stroke and systemic embolism	Bridged	0.5 (2/383)	2.70 (0.38–19.3), P = 0.321	0.5 (2/417) 0.3 (6/2,274)	1.82 (0.37–9.06), P = 0.463
	Not bridged	0.2 (2/1,032)			
	Treatment interaction (warfarin vs. dabigatran) ¶	p = 0.760			
Any thromboembolism	Bridged	1.8 (7/383)	6.39 (1.64–24.8), P = 0.007	1.2 (13/417) 0.6 (5/2,274)	2.11 (0.75–5.95), P = 0.158
	Not bridged	0.3 (3/1,032)			
	Treatment interaction (warfarin vs. dabigatran) ¶	p = 0.204			

†27 patients (9 bridged, 18 not bridged) excluded from total sample (described in Table 1) due to missing creatinine clearance values to enable better comparison of univariate and multivariable logistic regression models; ‡odds ratios obtained from univariate logistic analysis within treatment groups; ¶p-value of interaction from logistic model with treatment, bridging and treatment by bridging interaction; OR, odds ratio; CI, confidence interval. ¶Inclusion of 27 patients with missing creatinine clearance values did not significantly affect clinical outcome results in bridged and not bridged patients.

# Perioperative Management of Dabigatran

## A Prospective Cohort Study

Sam Schulman, MD, PhD; Marc Carrier, MD, MSc; Agnes Y.Y. Lee, MD, MSc;  
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Renal Function, CL <sub>CR</sub> , mL/min	Estimated Half-Life, h*	Timing of Last Dose of Dabigatran Before Surgery	
		Standard Risk of Bleeding	High Risk of Bleeding†
>80	13 (11–22)	24 h=morning of day –1	2 d=morning of day –2
>50 to ≤80	15 (12–34)	24 h=morning of day –1	2 d=morning of day –2
>30 to ≤50	18 (13–23)	2 d=morning of day –2	4 d=morning of day –4
≤30‡	27 (22–35)	4 d=morning of day –4	6 d=morning of day –6

CL<sub>CR</sub> indicates calculated creatinine clearance.

\*Data from renal impairment study in healthy volunteers,<sup>10</sup> geometric mean (range).

†Types of surgery associated with a high risk of bleeding (or in major surgery in which complete hemostasis may be required) include but are not limited to cardiac surgery, neurosurgery, abdominal surgery, or surgeries involving a major organ. Other procedures such as spinal anesthesia may also require complete hemostatic function. Other important determinants of bleeding risk include advancing age, comorbidities (eg, major cardiac, respiratory, or liver disease), and concomitant use of antiplatelet therapy. See the online-only Data

Type of surgery/procedure	Time of dabigatran resumption	Dabigatran dose
<b><i>High risk for bleeding that may be critical</i></b>		
Major cardiac surgery	evening of POD+1	75 mg first 2 doses
Neurosurgery	no bleed on repeat CT	75 mg first 2 doses
<b><i>High risk for bleeding</i></b>		
Large hernia repair	48 hrs or when hemostasis is secured	75 mg first dose
Major cancer surgery	72 hrs or when hemostasis is secured	usual dose
Major urologic surgery (prostate/bladder resection)	when no macroscopic hematuria	usual dose
Major vascular surgery	48 hrs	usual dose
Any other major operation with duration >45 minutes	48 hrs	usual dose
Endoscopic large polyp resection	72 hrs	usual dose
Esophageal variceal treatment, biliary sphincterectomy, pneumatic dilatation	48 hrs	usual dose
Endoscopically-guided fine-needle aspiration; kidney biopsy	48 hrs	usual dose
Pacemaker/ICD insertion*	72 hrs	usual dose
Major dental procedure (multiple extractions)	48 hrs	usual dose
<b><i>Standard risk for bleeding</i></b>		
Major orthopedic surgery (joint replacement or laminectomy) <sup>†</sup>	6-10 hrs	75 mg first dose
Coronary angiography /PCI/electrophysiologic testing	same evening	75 mg first dose
Indwelling catheter for neuraxial anesthesia <sup>‡</sup>	4 hrs after removal	75 mg first dose
Cholecystectomy, appendectomy	same evening	75 mg first dose
Abdominal hernia repair	same evening	75 mg first dose
Abdominal hysterectomy	same evening	75 mg first dose

## Anticoagulation Resumption

# Perioperative Management of Dabigatran

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CL <sub>CR</sub> mL/min	n	Planned Stopping Time, h	Last Dose Before Procedure			First Dose After Procedure		
			As Planned, n (%) <sup>*</sup>	Earlier, n (%)	Later, n (%)	As Planned, n (%)	Earlier, n (%)	Later, n (%)
Procedures with standard risk of bleeding								
>50	274							32 (12)
>30–≤50	47							3 (6)
≤30	3							0
Procedures with high								
>50	177							35 (20)
>30–≤50	39							6 (15)
≤30	1	154	0	0	1 (100)	0	1 (100)	0
Overall	541		479 (89)	30 (6)	21 (4)	415 (77)	16 (3)	77 (14)

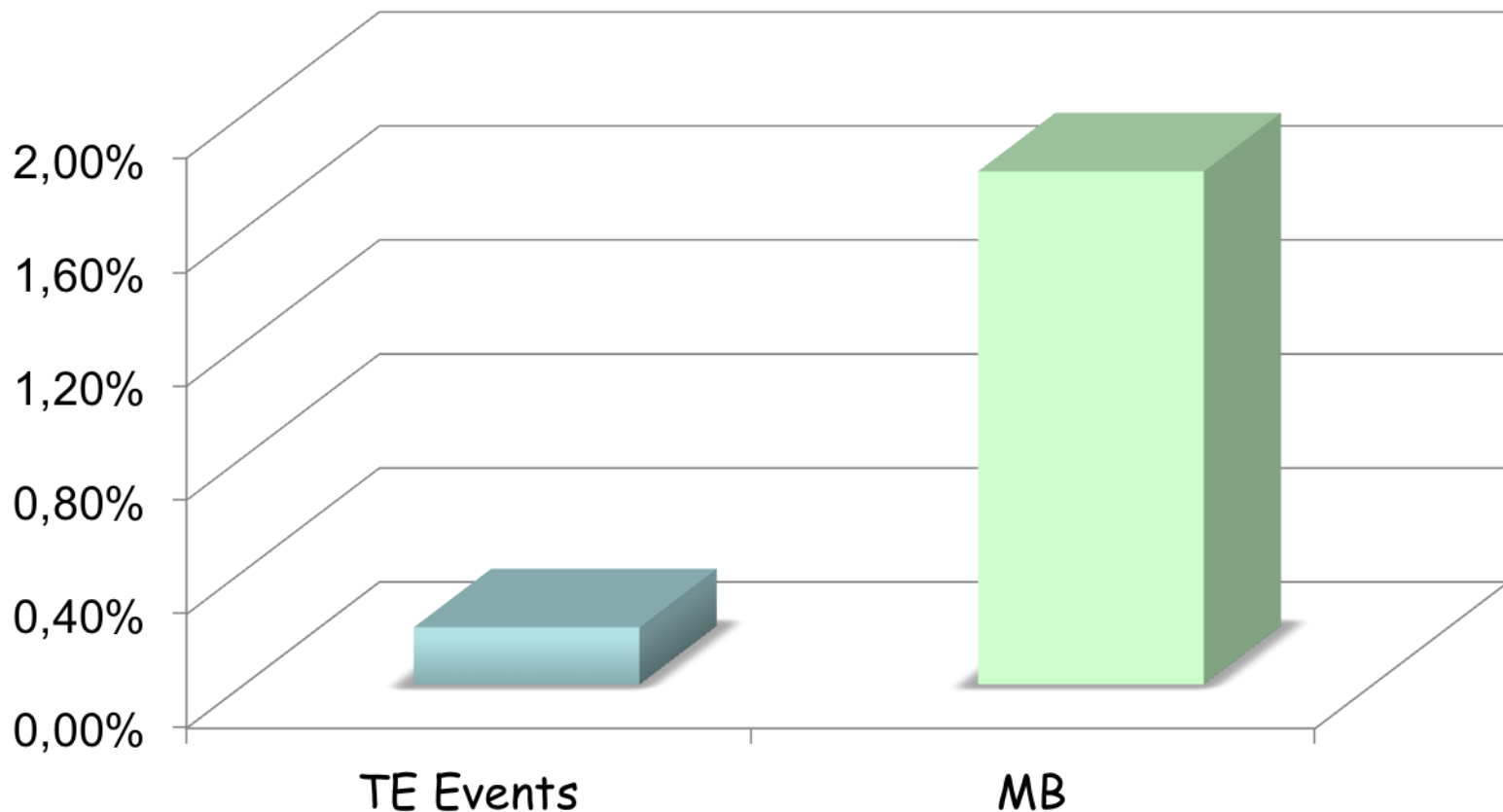
CL<sub>CR</sub> indicates calculated creatinine clearance.

**Preoperative bridging was not used at all, but  
 9 patients (1.7%) received postoperative  
 LMWH or UFH**

# Perioperative Management of Dabigatran

## A Prospective Cohort Study

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# Take home messages

- Bridging aumenta le complicanze emorragiche!
- Riduce le complicanze tromboemboliche?
- DOAC breve emivita
- Costi/scomodità per il paziente